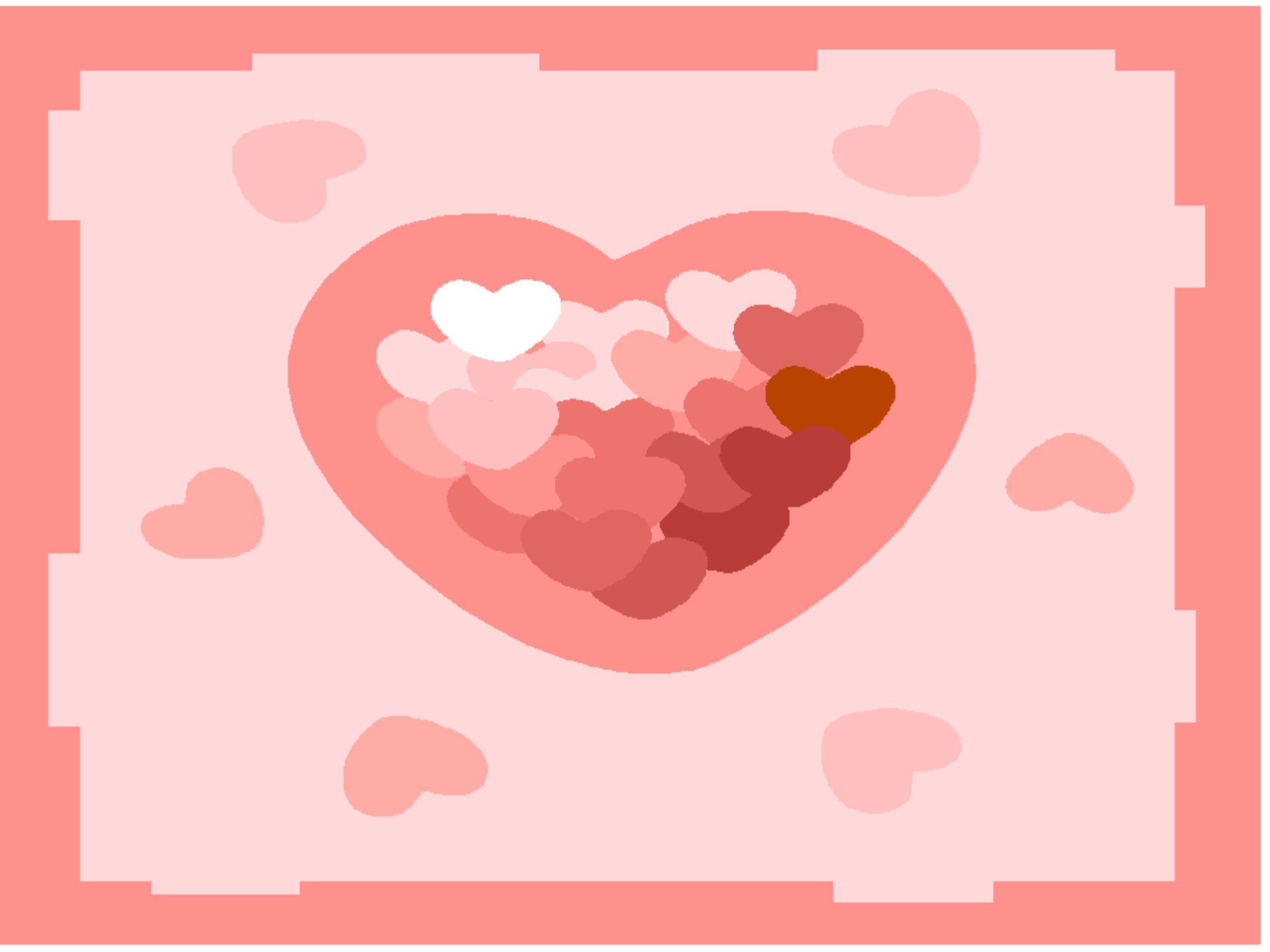
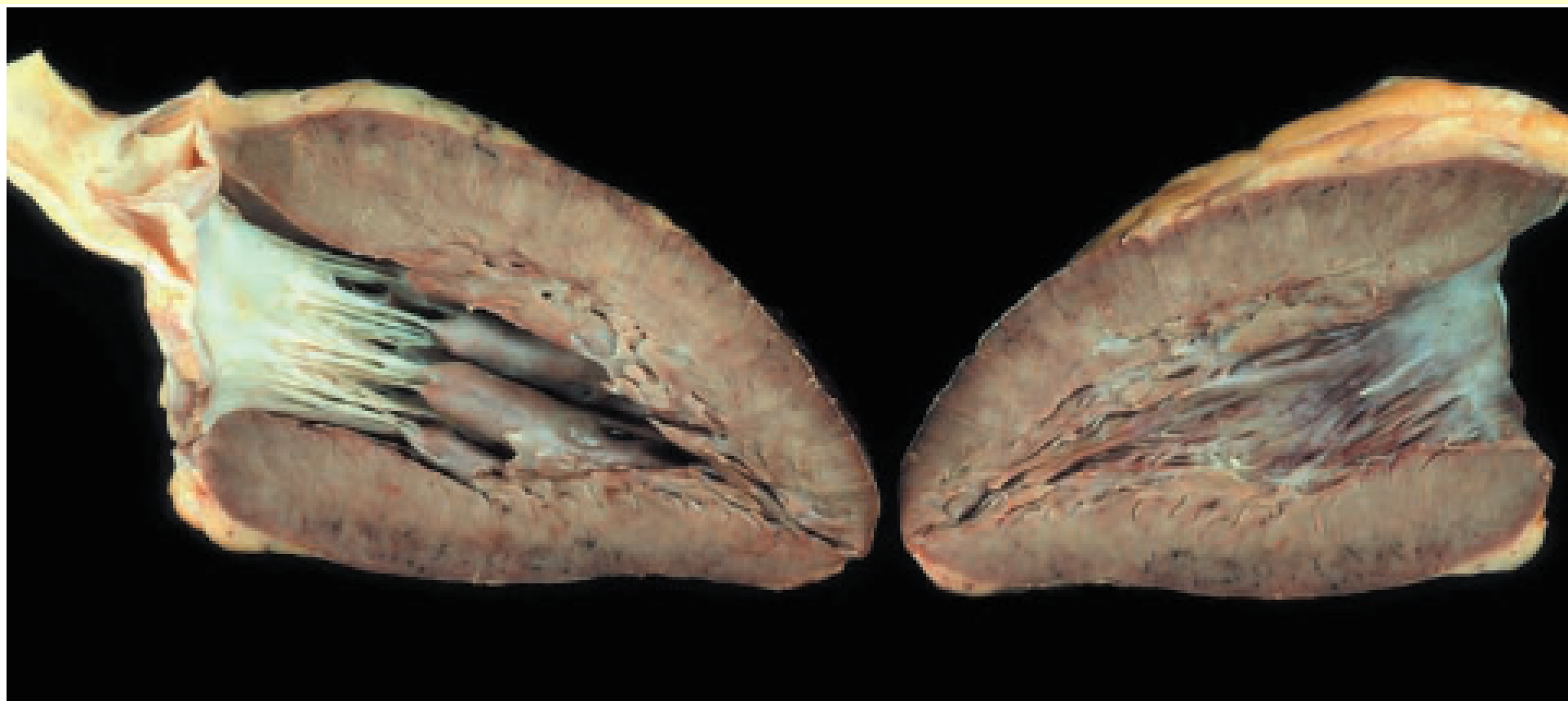


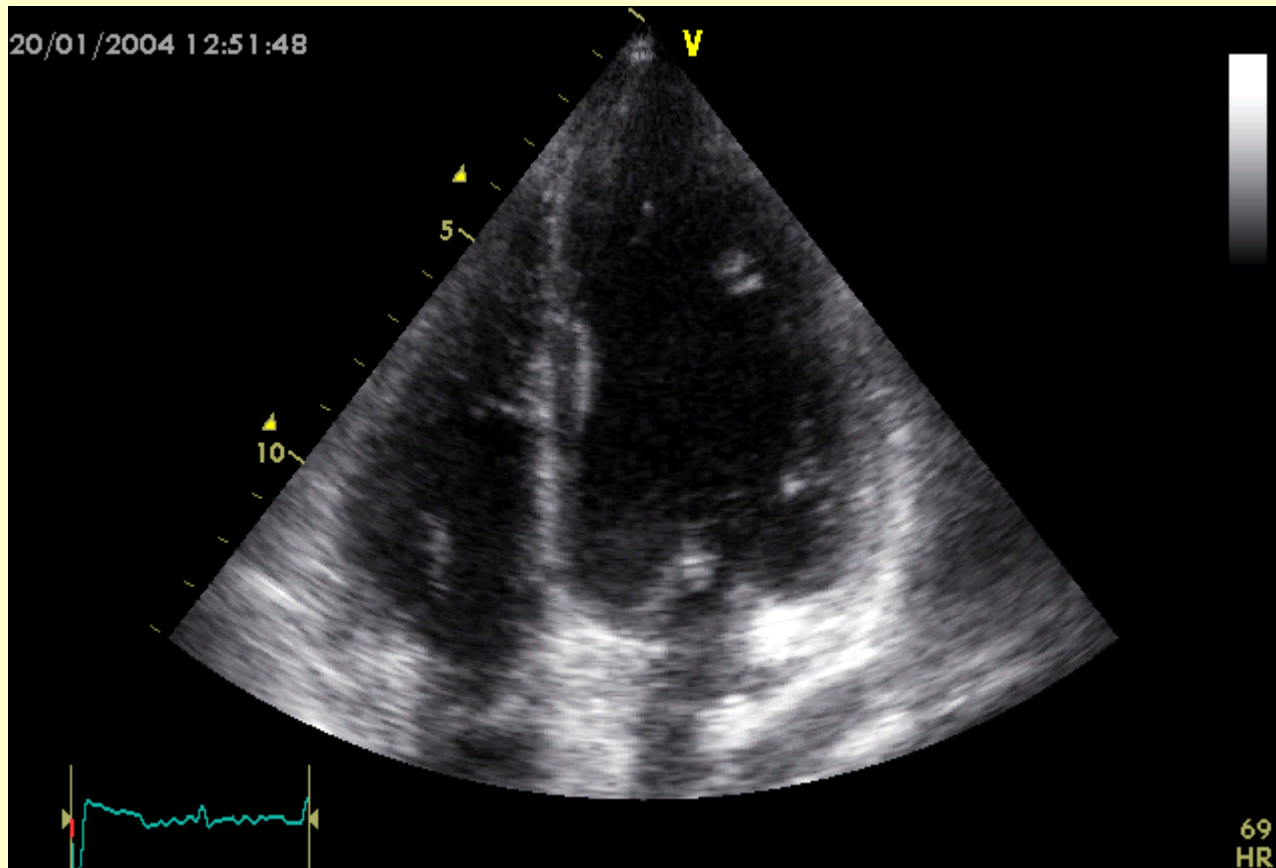
Οι προοπτικές του κλινικού  
ρόλου της μελέτης  
της συστροφής (twisting) του  
κοιλιακού μυοκαρδίου

Δημήτρης Πατσούρας  
Επιμελητής Β  
Καρδιολογική Κλινική  
ΓΝ Ιωαννίνων «Γ. Χατζηκώστα»

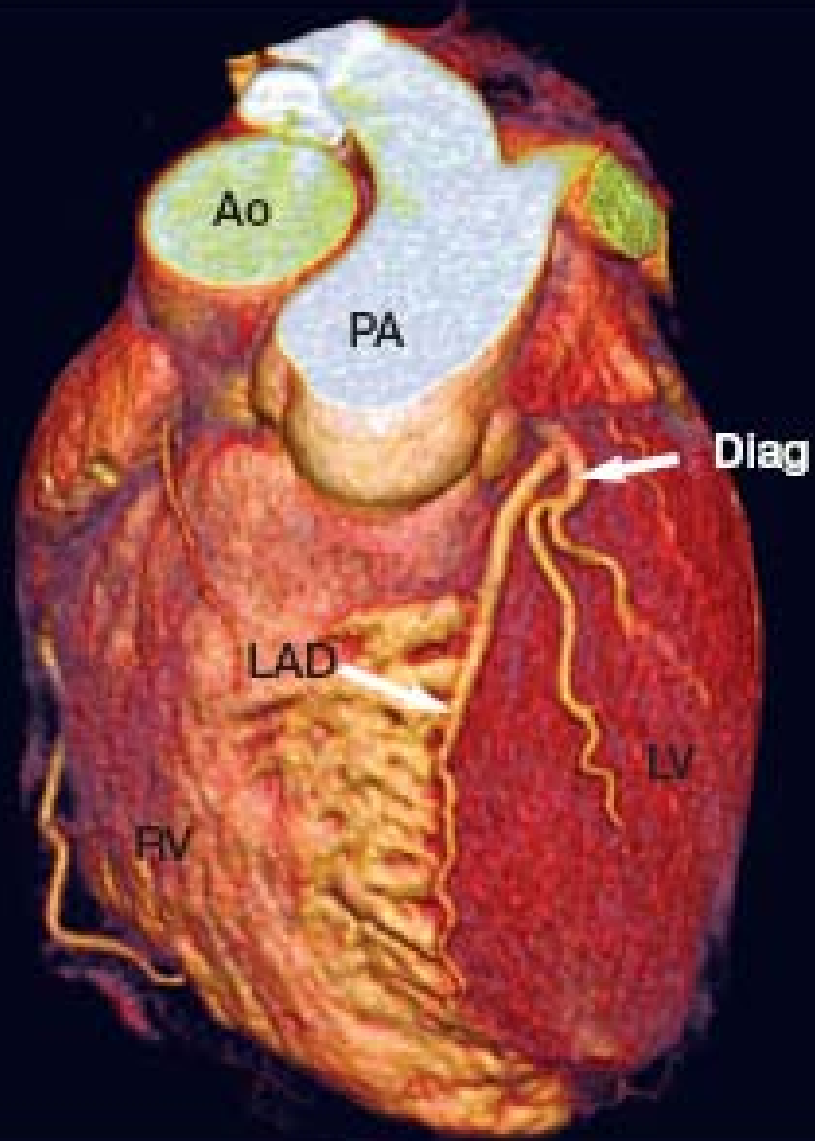




20/01/2004 12:51:48



**B**

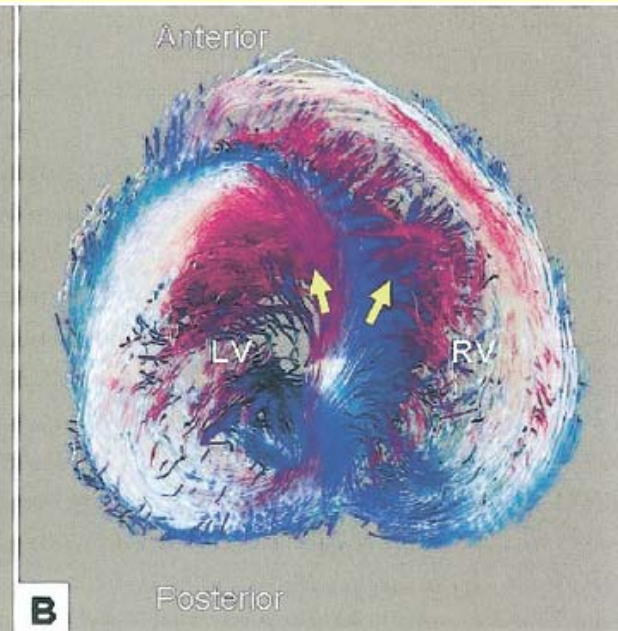
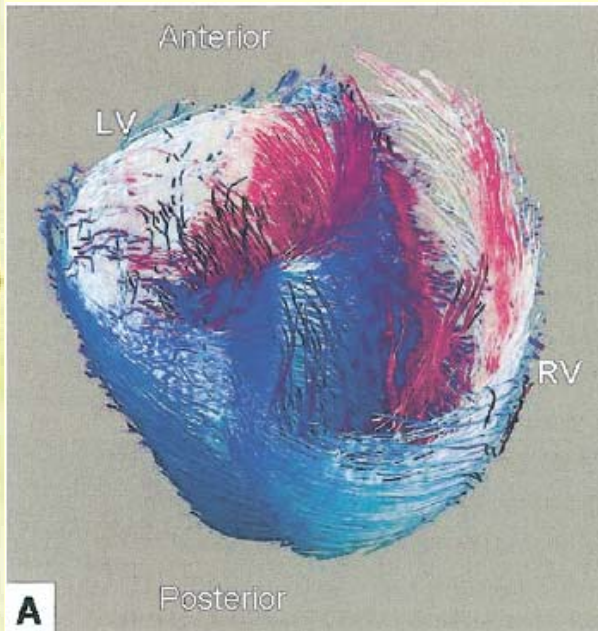
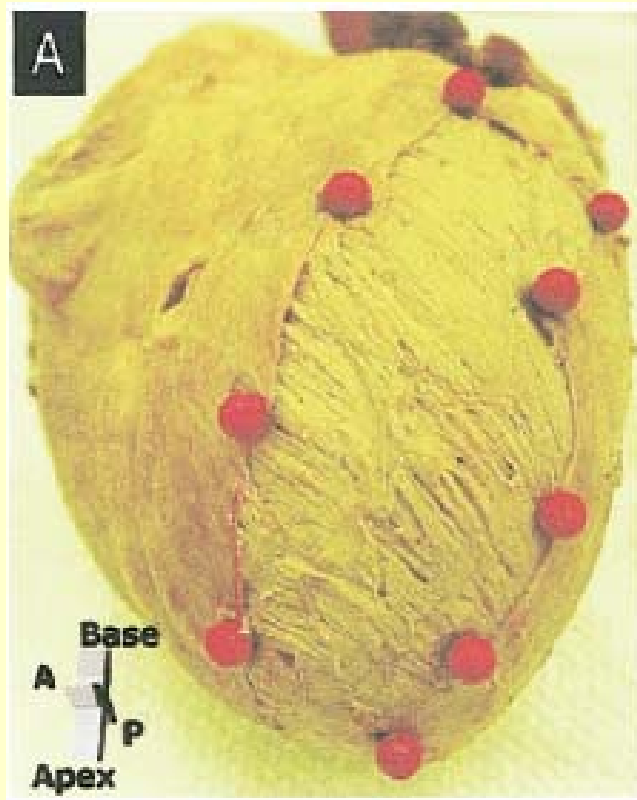










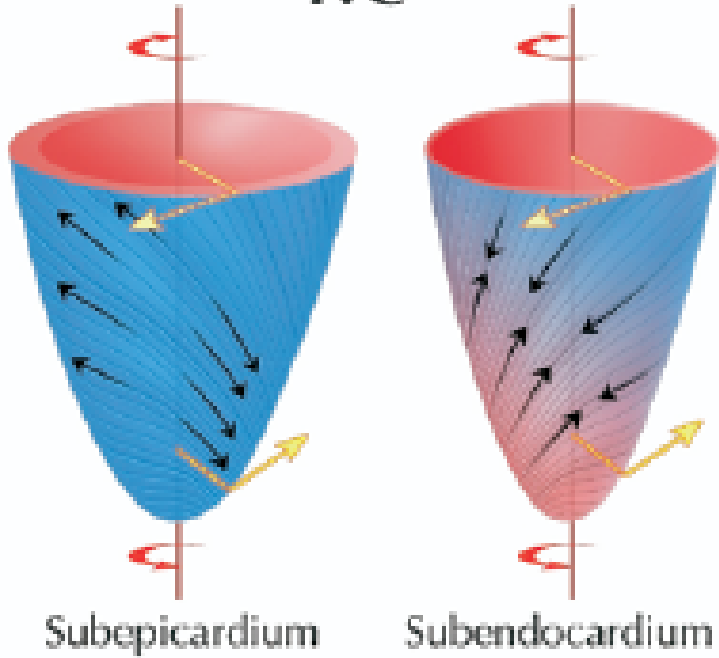


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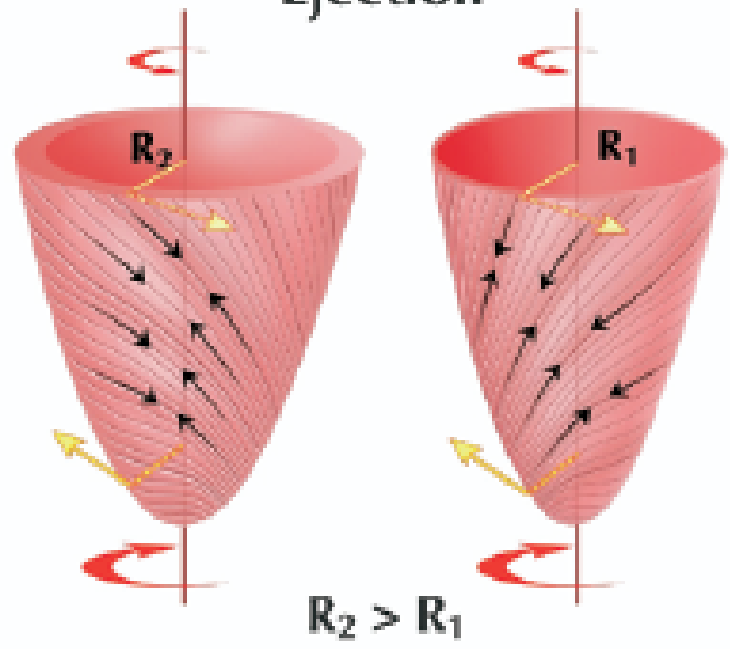


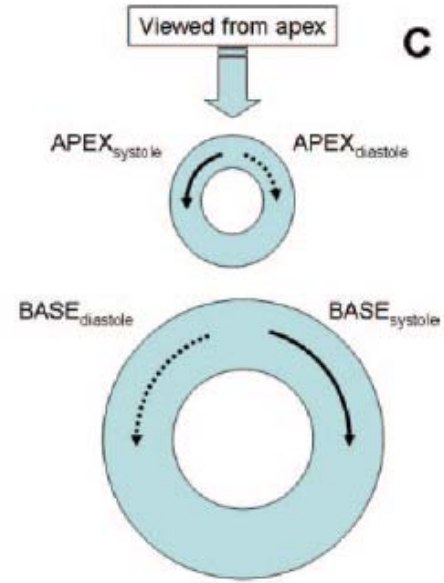
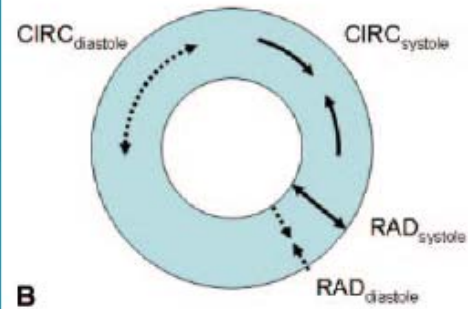
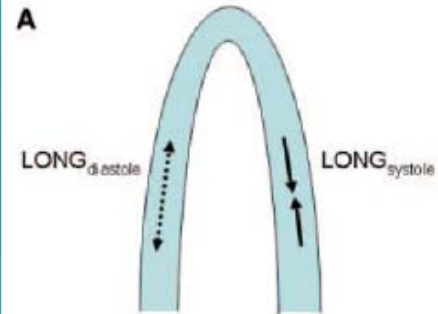
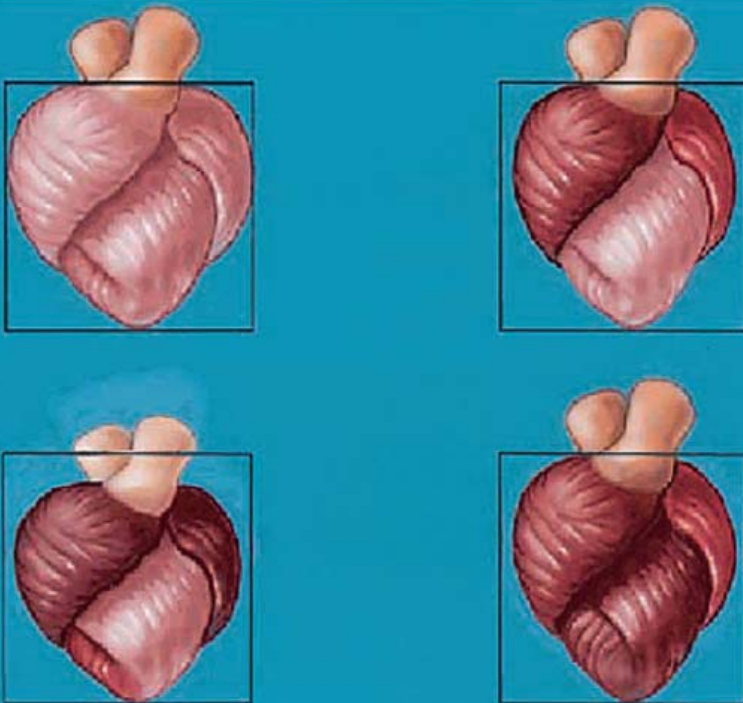
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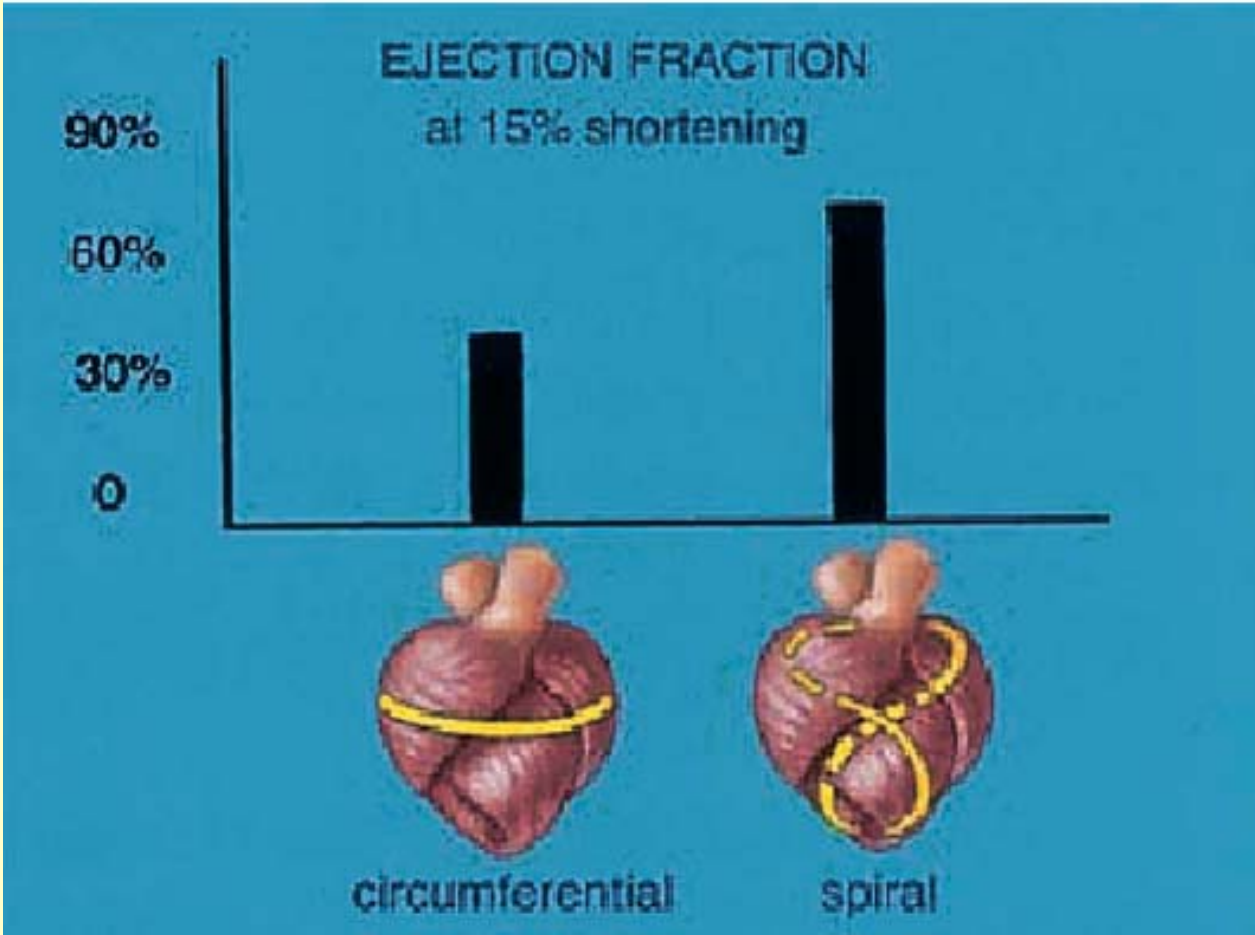
IVC

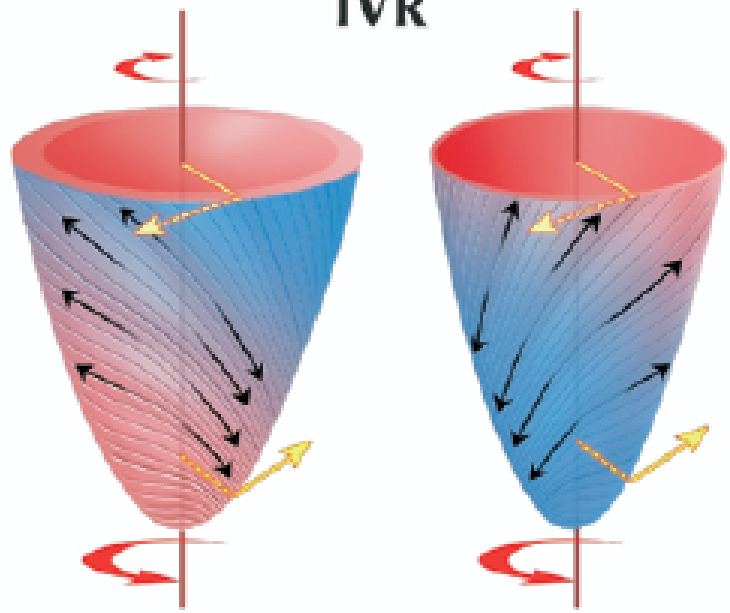
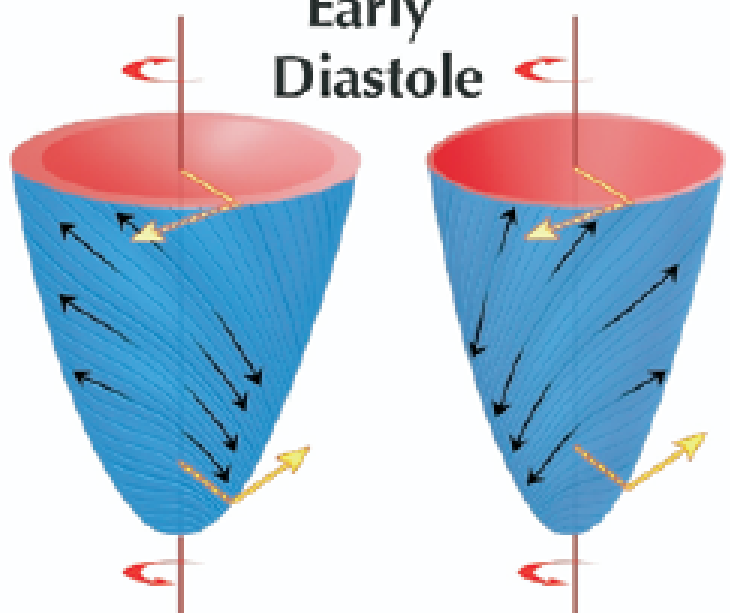
**B**

Ejection







**C****IVR****D****Early Diastole**



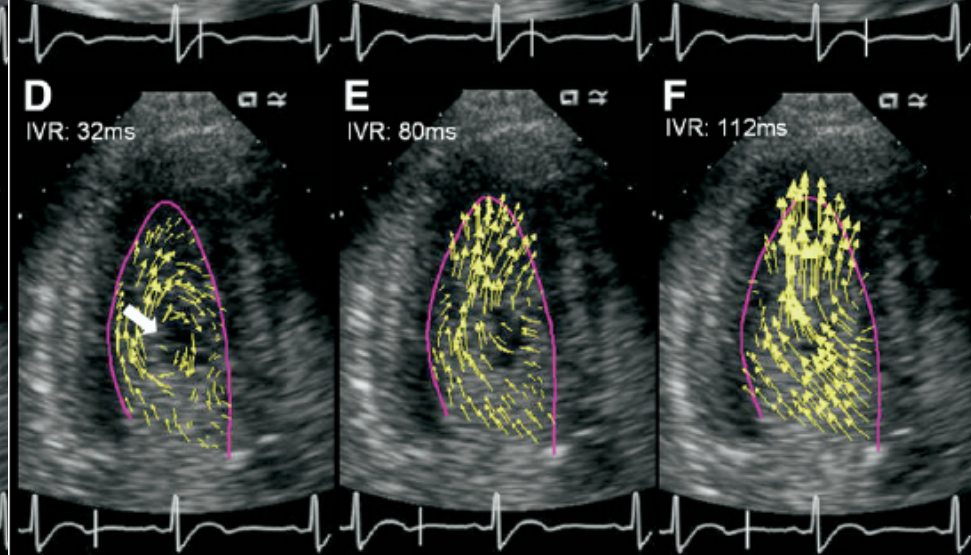
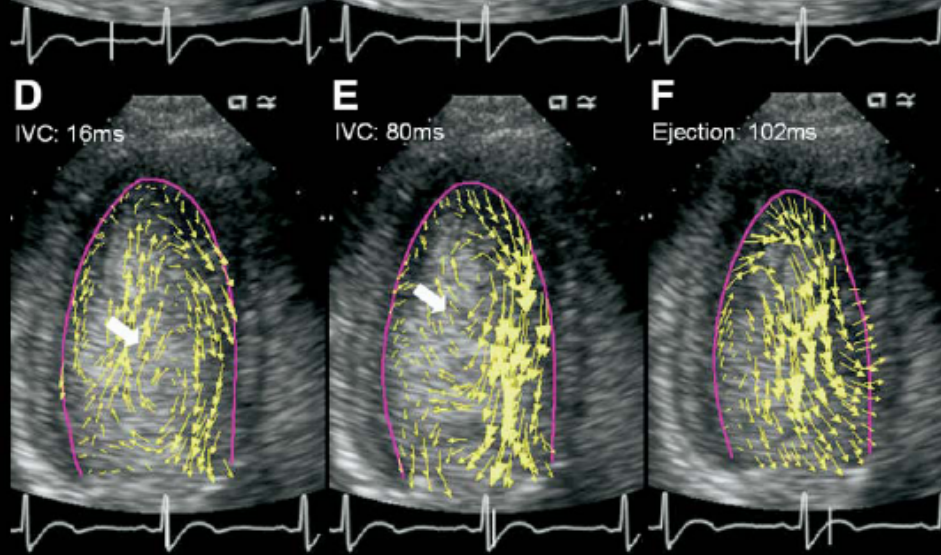
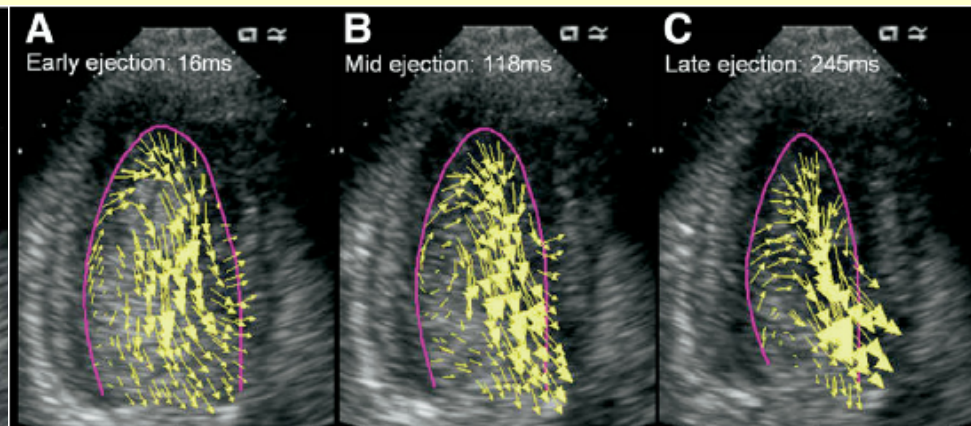
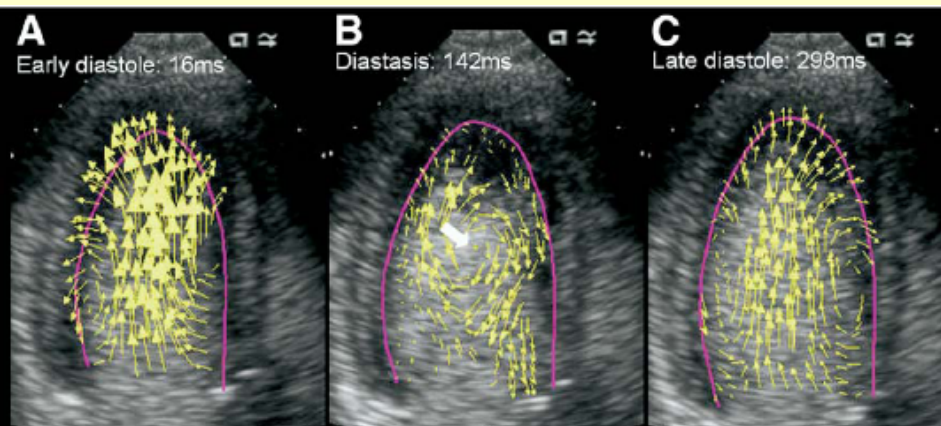
**Ejection**



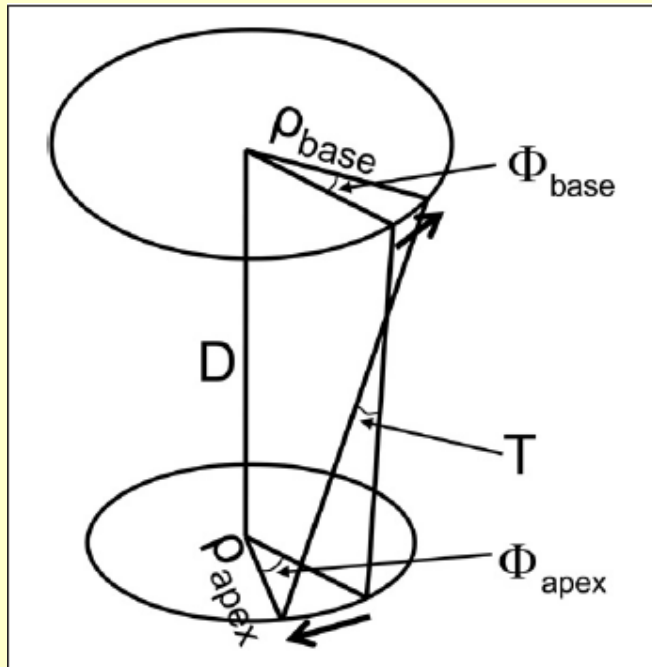
**Suction**











**Figure 3. Different Definitions of LV Torsion**

A sketch of a basal and an apical plane and the torsional deformation. Twist is defined as  $(\Phi_{\text{apex}} - \Phi_{\text{base}})$ , twist per unit length as  $(\Phi_{\text{apex}} - \Phi_{\text{base}})/D$ , and left ventricle (LV) torsion  $T$  (circumferential-longitudinal shear angle) as  $(\Phi_{\text{apex}} - \Phi_{\text{base}}) (\rho_{\text{apex}} - \rho_{\text{base}})/2D$ . Mostly, counterclockwise rotation as seen from the apex is positive.

Rotation: περιστροφή επιπέδων στο βραχύ άξονα (μοίρες)

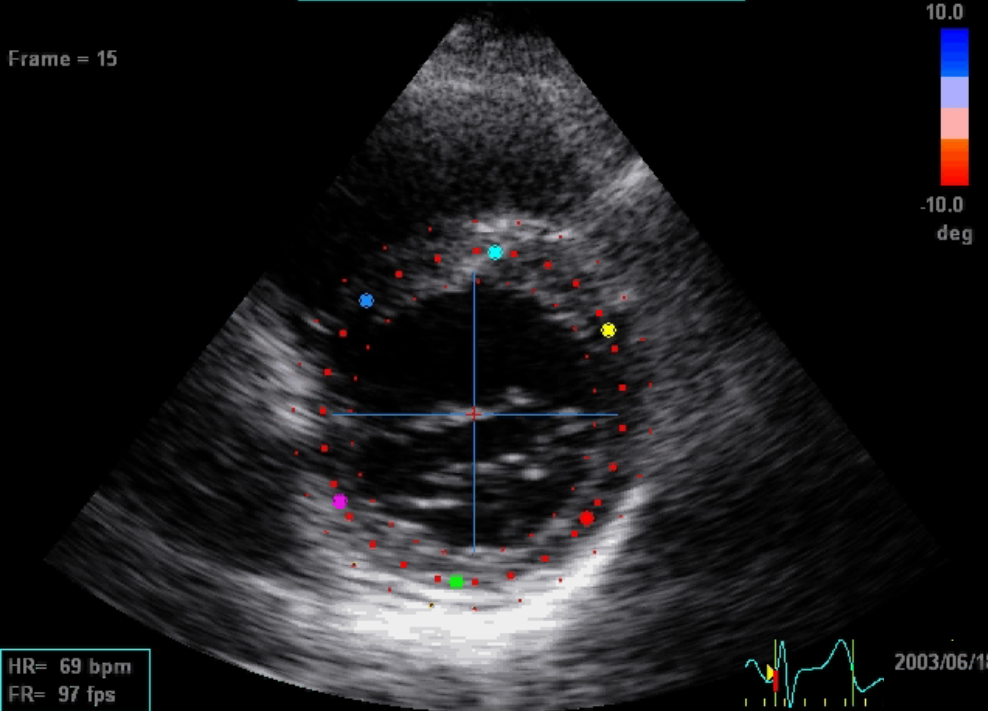
Twist: συνολική διαφορά περιστροφής μεταξύ βάσης και κορυφής (μοίρες)

Torsion:  $\text{Twist}/D$

2003/07/08-15:45:28

Twist

Frame = 15

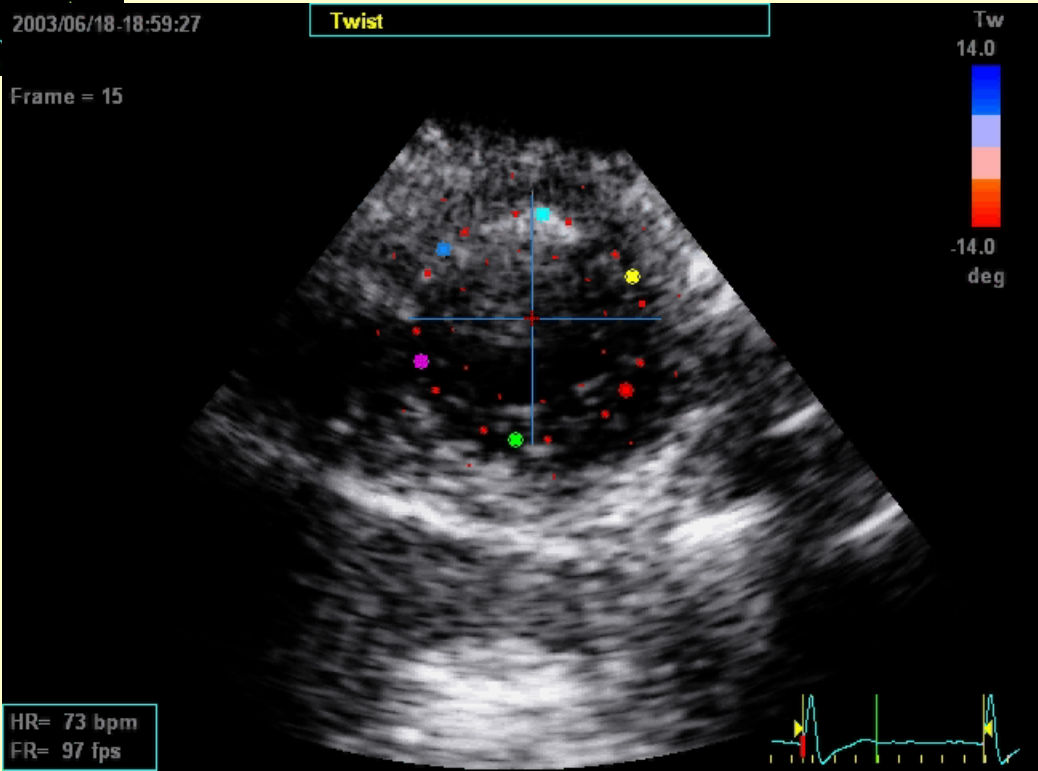


HR= 69 bpm  
FR= 97 fps

2003/06/18-18:59:27

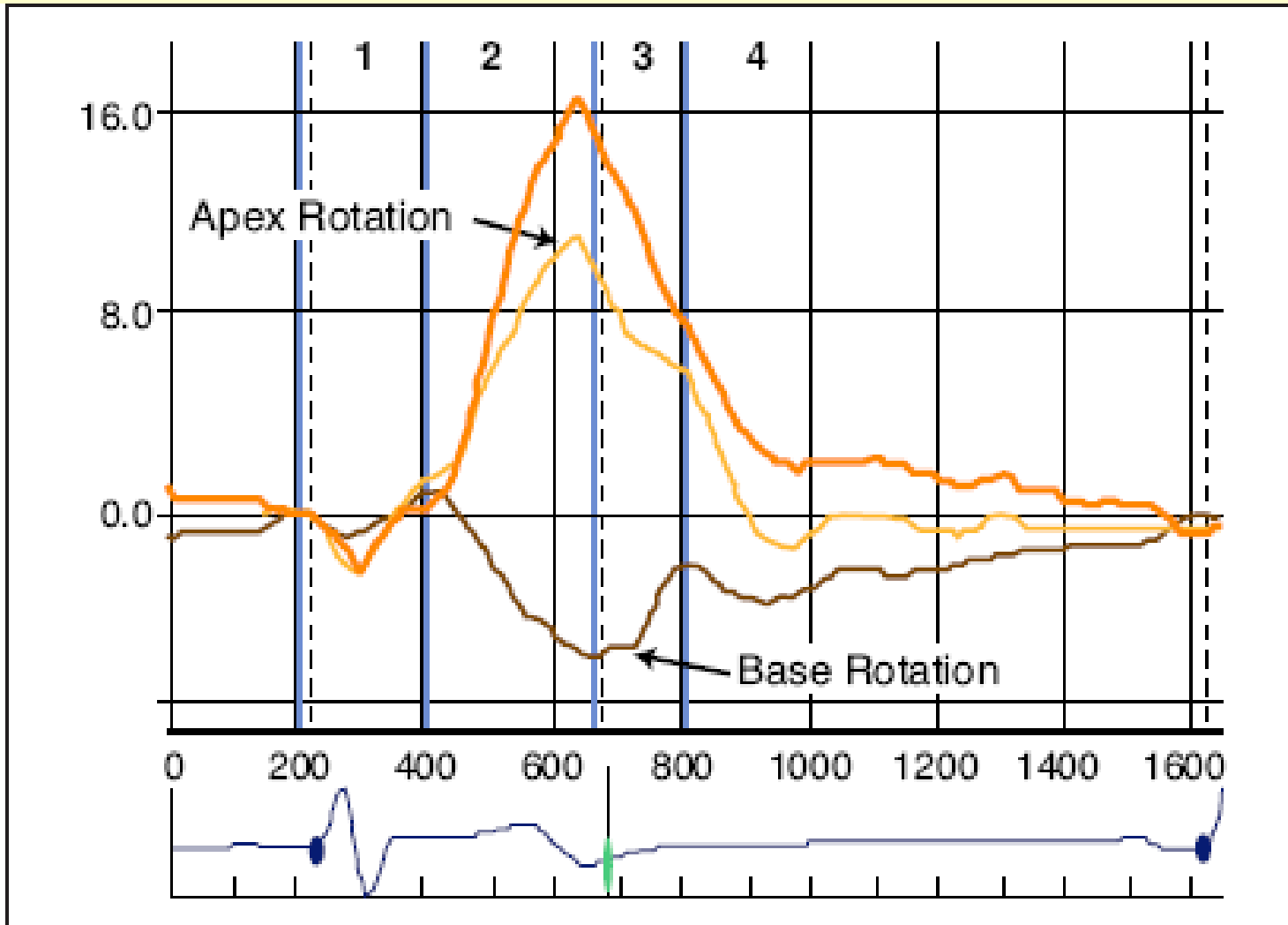
Twist

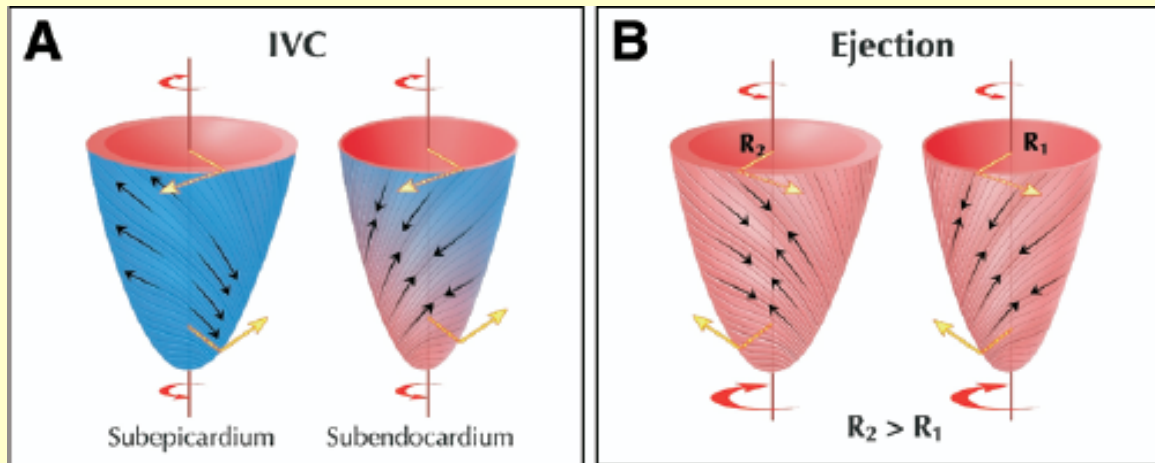
Frame = 15



HR= 73 bpm  
FR= 97 fps

Tw  
14.0  
-14.0  
deg





Αντιωρολογιακή στροφή της βάσης στην παιδική ηλικία

Ωρολογιακή στην εφηβεία

Αύξηση torsion με τη γήρανση με μειωμένο recoil

**Table 1. Physiological Variables Influencing Left Ventricular Twist Mechanics**

Physiological Variables	Twist	$E_r$
Increasing preload (35–37)	↑	↓
Increasing afterload (35–37)	↓	↓*
Increasing contractility (9,36,38,39)	↑	↑
Exercise (40)	↑	↑
Increasing age (33,34)	↑	↓*

Numbers in parentheses correspond to the reference number in the References list. \*Delayed onset of untwisting.

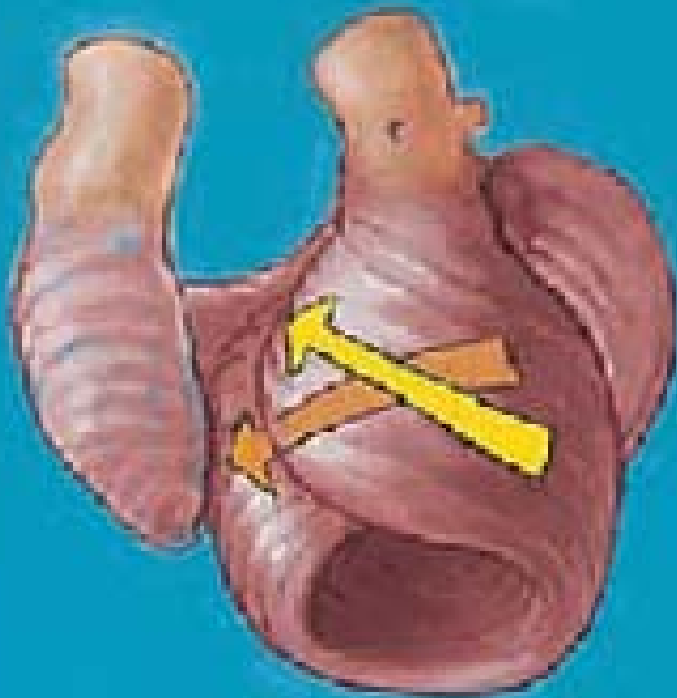
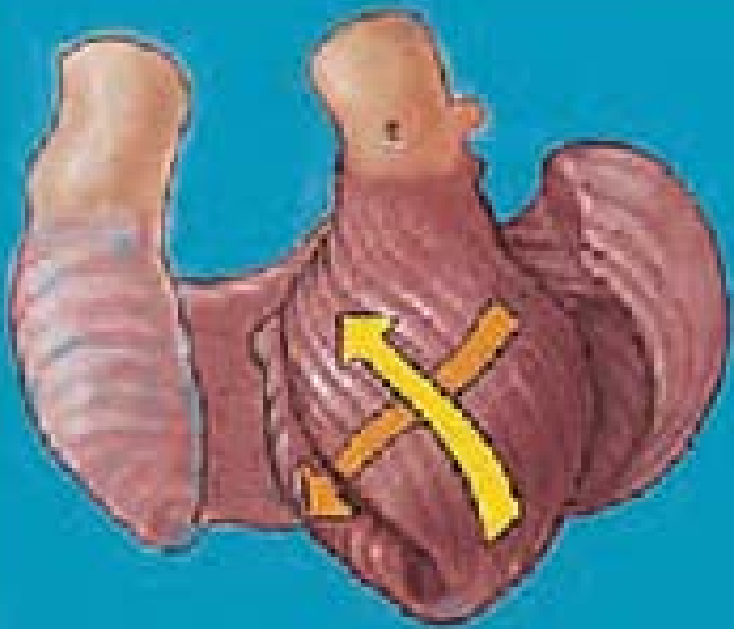
↓ = reduced; ↑ = increased;  $E_r$  = early diastolic untwisting velocity.

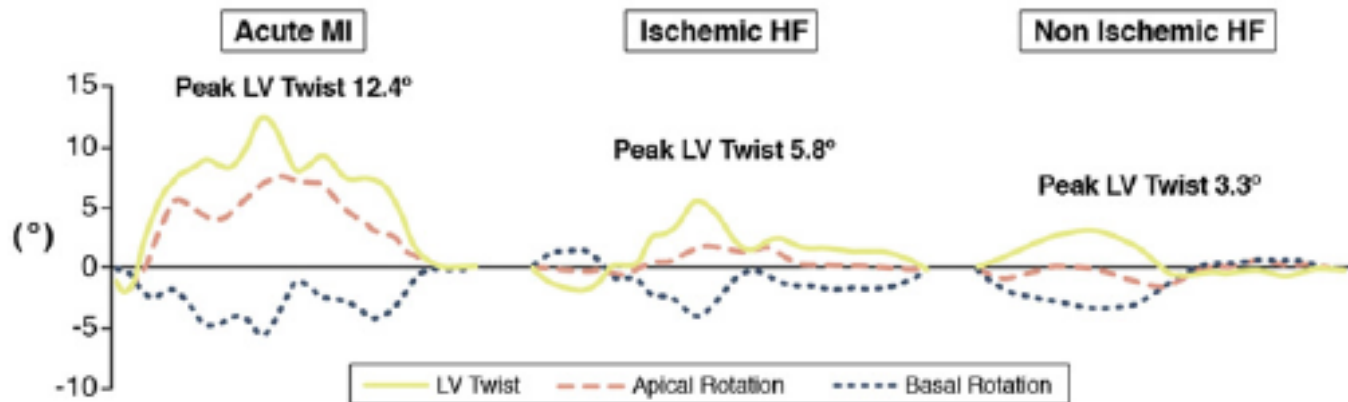
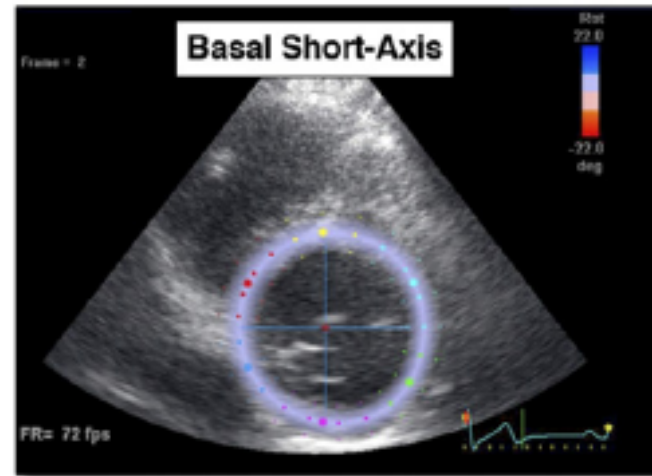
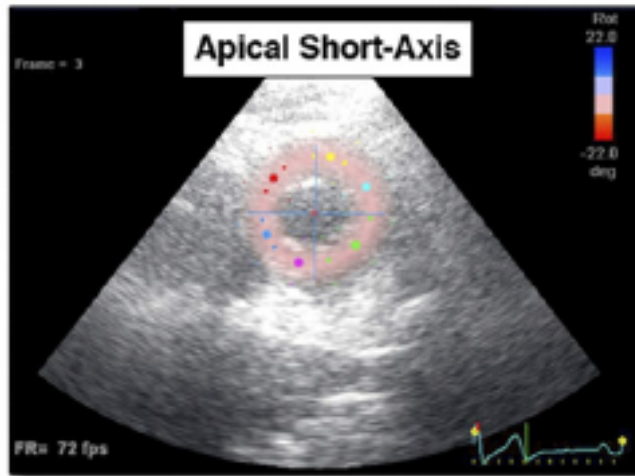
**Table 2.** Left Ventricular Twist Mechanics in Different Cardiac Diseases

Cardiac Diseases	Twist	$E_r$
Systolic heart failure	↓	↓
Diastolic heart failure (49,50)	N or ↑	N or ↓
Aortic stenosis (54–56)	N or ↑	↓
Mitral regurgitation (58–60)	↓	↓
Transmural infarction (51)	↓	↓
Subendocardial ischemia	N	N or ↓
Dilated cardiomyopathy (65)	↓	↓
Hypertrophic cardiomyopathy (70,71)	N or ↑	↓
Restrictive cardiomyopathy (73)	N or ↑	N
Constrictive pericarditis (73)	↓	↓

Numbers in parentheses correspond to the reference number in the References list.

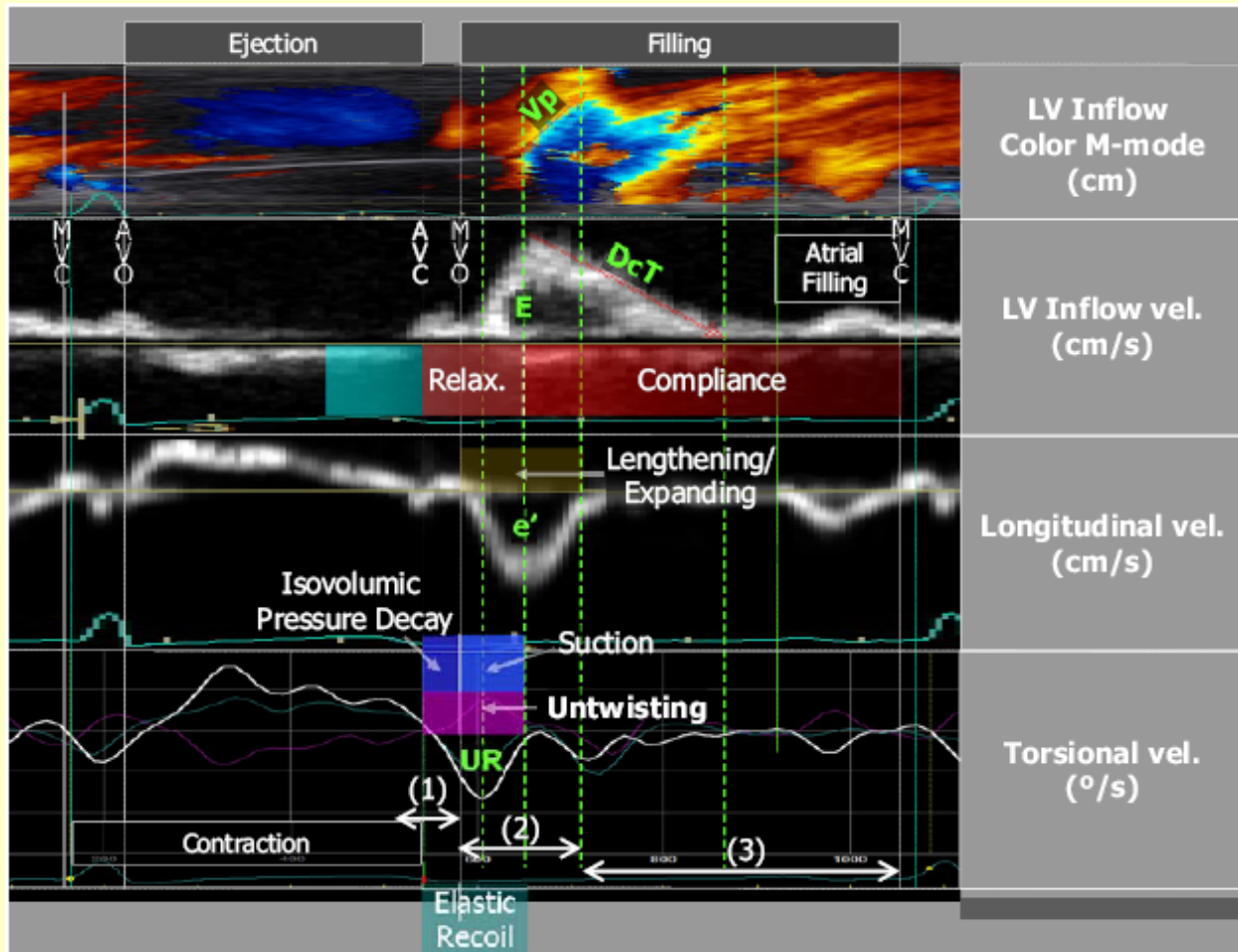
↓ = reduced; ↑ = increased;  $E_r$  = early diastolic untwisting velocity; N = normal.







# Diastology



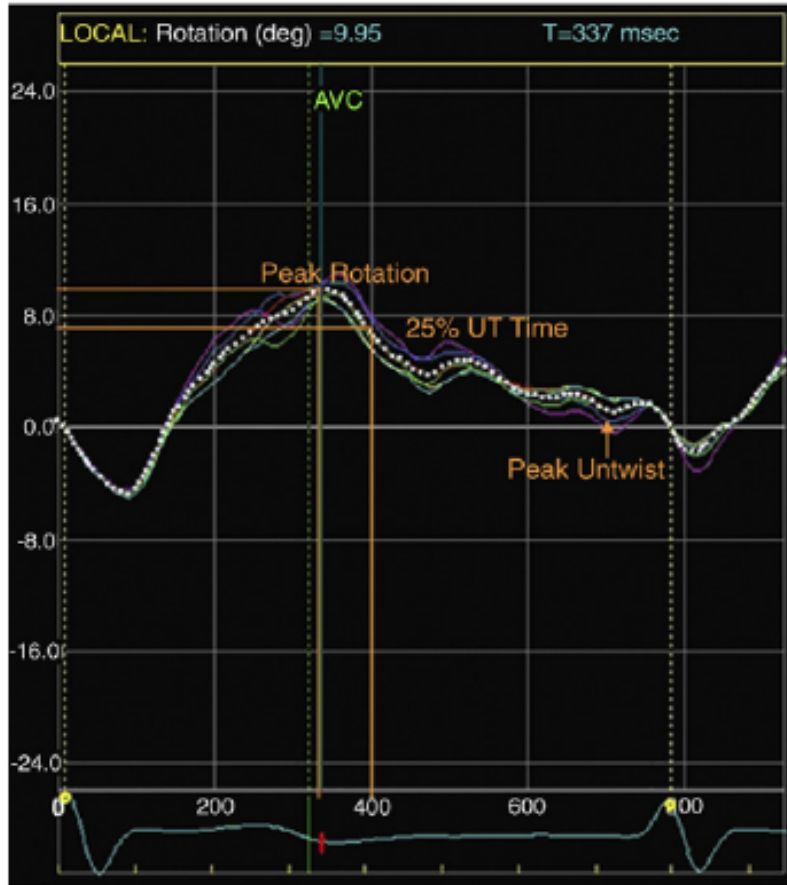
## **The Pathophysiology of Heart Failure With Normal Ejection Fraction**

Exercise Echocardiography Reveals Complex Abnormalities of Both Systolic and Diastolic Ventricular Function Involving Torsion, Untwist, and Longitudinal Motion

Yu Ting Tan, MBBS,\* Frauke Wenzelburger, MD,\*† Eveline Lee, MBCMB,†  
Grant Heatlie, MBBS, PHD,† Francisco Leyva, MD,\* Kiran Patel, MBBCMB, PHD,\*  
Michael Frenneaux, MD,\* John E. Sanderson, MD\*

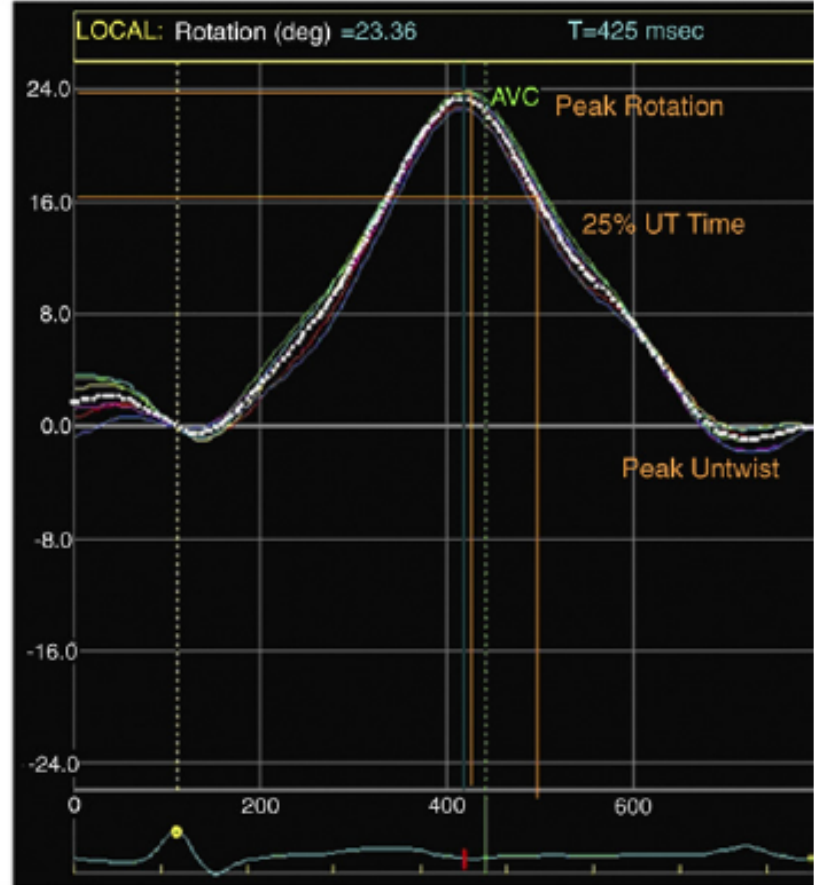
*Birmingham and Stoke-on-Trent, United Kingdom*

## Patient, ♂ 62 years

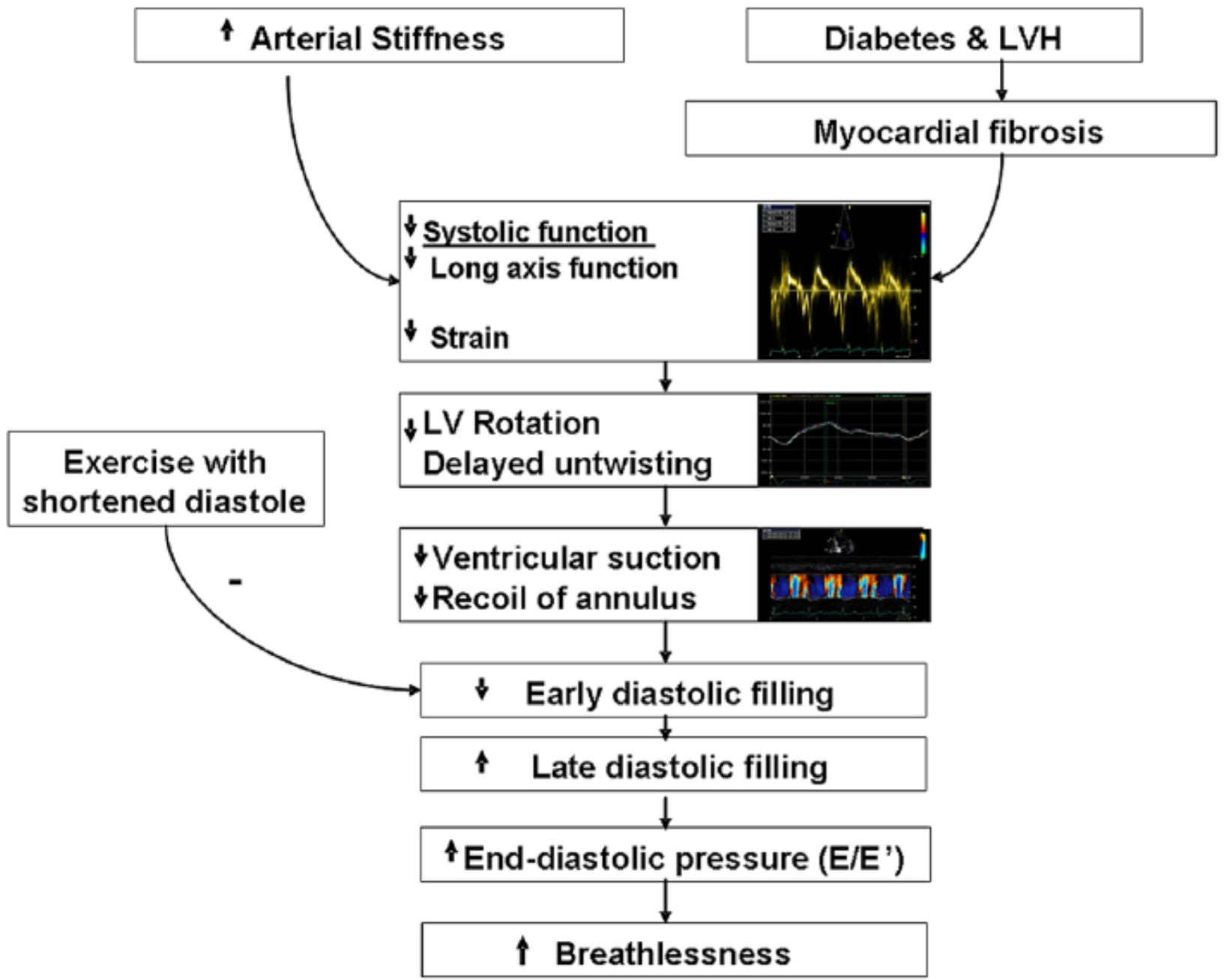


Peak Rotation: 9.95 ° (337ms)  
Untwist at 25% of Untwist Duration: 9.25 = 7% (378ms)

## Control, ♀ 61 years



Peak Rotation: 23.36 ° (at 425ms)  
Untwist at 25% of Untwist Duration: 16.88 = 28% (491ms)





# Left Ventricular Untwisting Is an Important Determinant of Early Diastolic Function

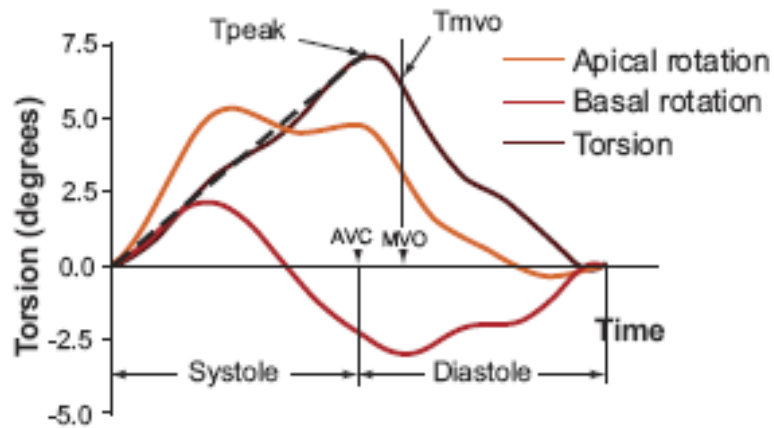
Andrew T. Burns, MB, BS (HONS), BMEDSCI, MD,\* Andre La Gerche, MB, BS,\*  
David L. Prior, MBBS, PHD,\*† Andrew I. MacIsaac, MBBS, MD\*†

*Melbourne, Victoria, Australia*

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**A**

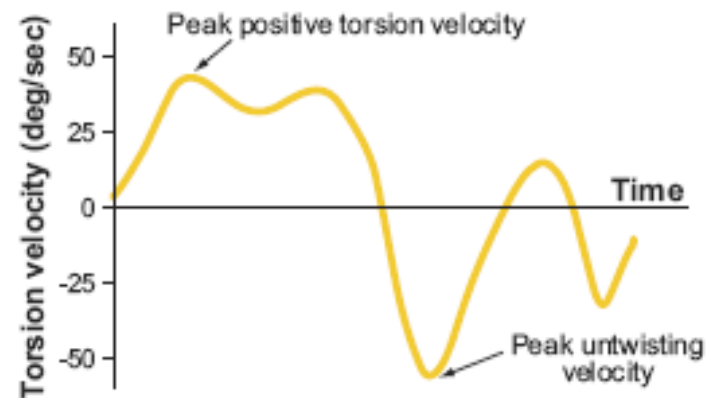
Left ventricular torsion =  
apical rotation - basal rotation



$$\text{Recoil (\%)} = \frac{T_{peak} - T_{mvo}}{T_{peak}} \times 100$$

**B**

Left ventricular torsion velocity =  
apical rotation rate - basal rotation rate

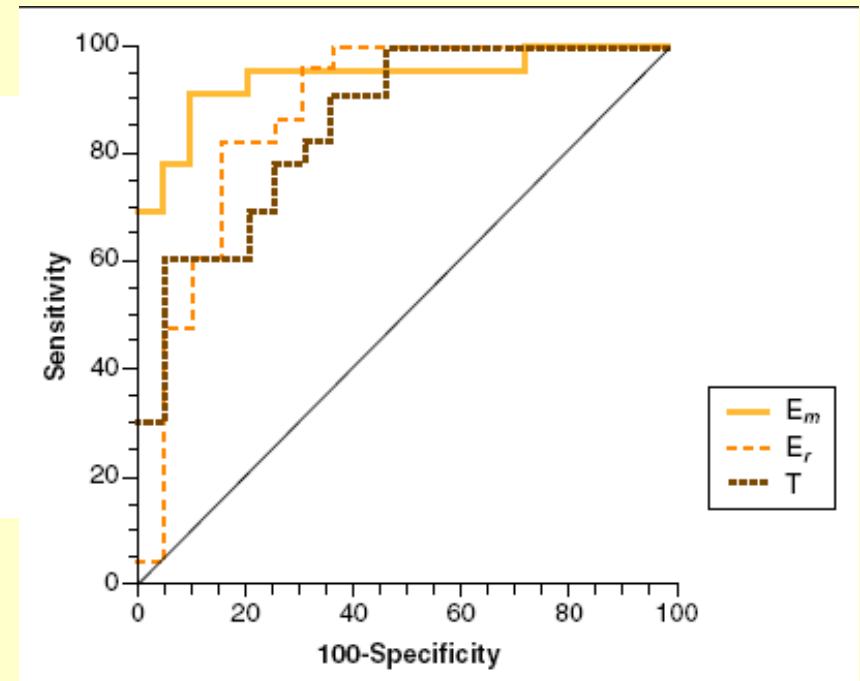
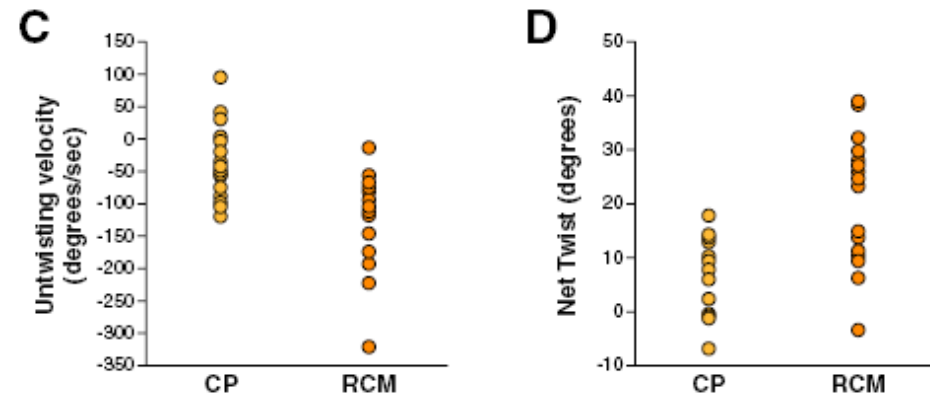


$$\text{Recoil rate (\%/sec)} = \frac{\text{Recoil}}{\text{Time (T}_{peak}) - \text{Time (T}_{mvo})}$$

## Disparate Patterns of Left Ventricular Mechanics Differentiate Constrictive Pericarditis From Restrictive Cardiomyopathy

Partho P. Sengupta, MD,\* Vijay K. Krishnamoorthy, MD,† Walter P. Abhayaratna, MBBS,† Josef Korinek, MD,† Marek Belohlavek, MD, PhD,\* Thoralf M. Sundt, III, MD,† Krishnaswamy Chandrasekaran, MD,\* Farouk Mookadam, MD,\* James B. Seward, MD,† A. Jamil Tajik, MD,\* Bijoy K. Khandheria, MD\*

*Scottsdale, Arizona; and Rochester, Minnesota*



# Role of Left Ventricular Twist Mechanics in the Assessment of Cardiac Dyssynchrony in Heart Failure

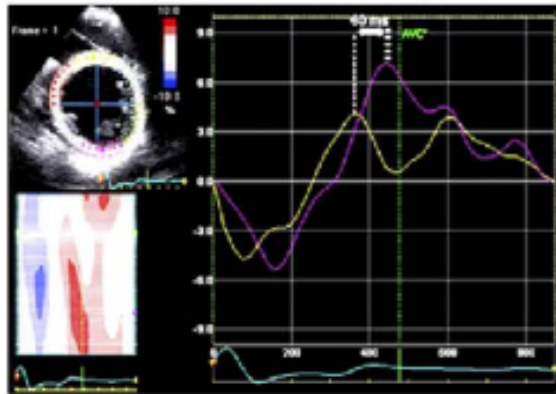
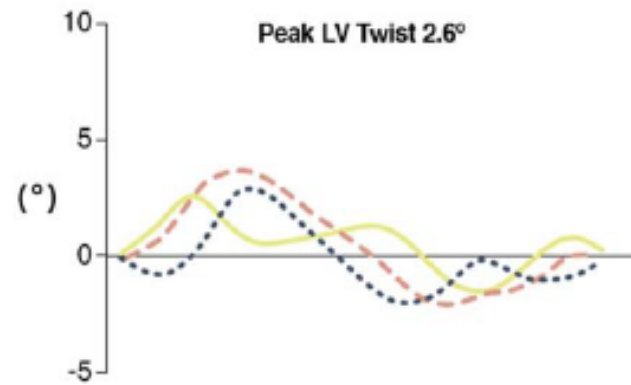
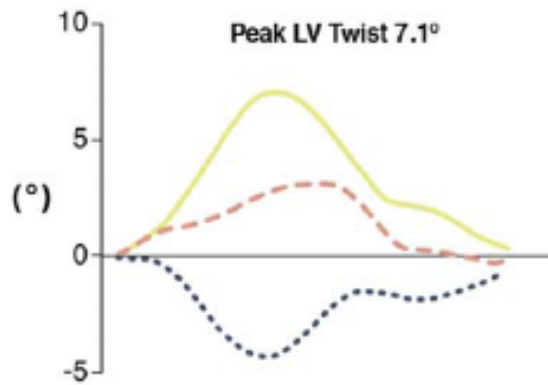
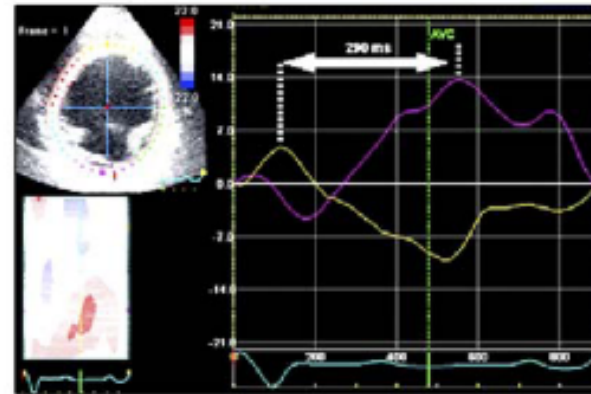
Matteo Bertini, MD,\*† Partho P. Sengupta, MBBS, MD, DM,‡ Gaetano Nucifora, MD,\*  
Victoria Delgado, MD,\* Arnold C. T. Ng, MBBS,\* Nina Ajmone Marsan, MD,\*  
Miriam Shanks, MD,\* Rutger R. J. van Bommel, MD,\* Martin J. Schalij, MD, PHD,\*  
Jagat Narula, MD, PHD,§ Jeroen J. Bax, MD, PHD\*

*Leiden, the Netherlands; Bologna, Italy; Scottsdale, Arizona; and Irvine, California*

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The authors discuss an incremental value of assessing left ventricular (LV) twist mechanics in patients with heart failure (HF) and its potential usefulness in characterizing response to cardiac resynchronization therapy (CRT) and reversal of LV remodeling at 6 months follow-up. They also underscore a critical relationship between LV lead position and changes in LV twist after CRT, and suggest that the reversal of LV remodeling in HF patients following CRT primarily results from restoration of the global sequence of LV twist mechanics. (J Am Coll Cardiol Img 2009;2:1425–35) © 2009 by the American College of Cardiology Foundation

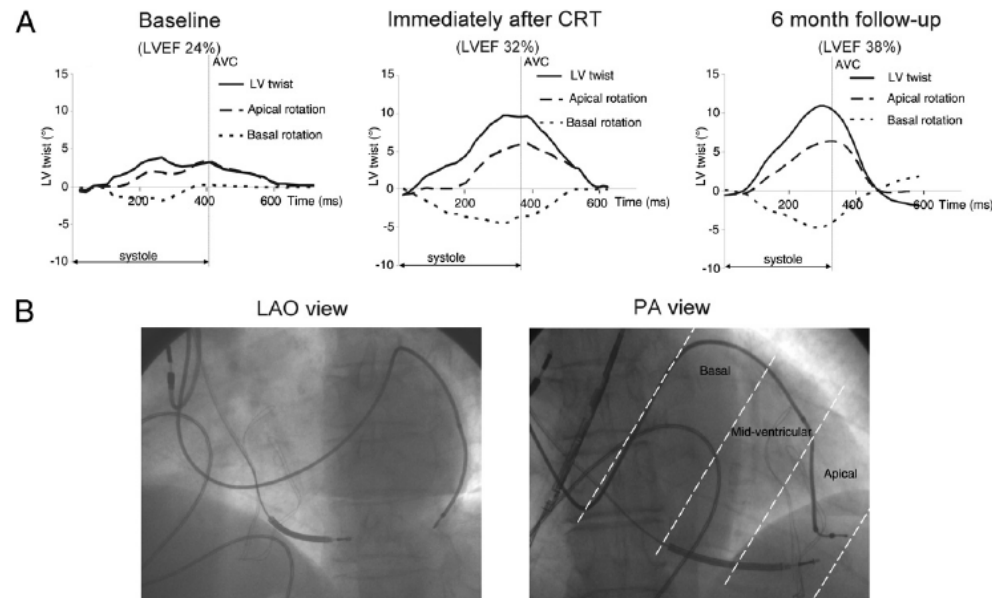


**A****Synchronous LV****B****Dyssynchronous LV**

— LV Twist    - - - Apical Rotation    ····· Basal Rotation

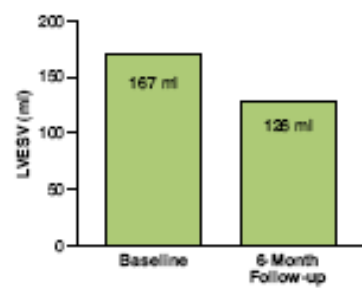
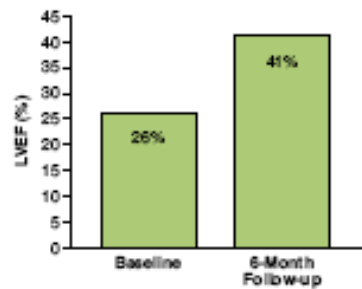
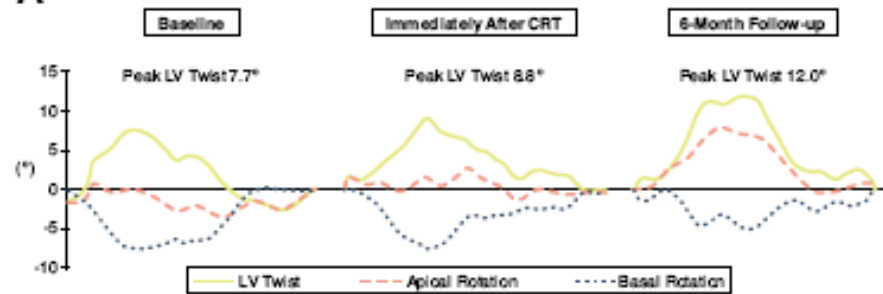
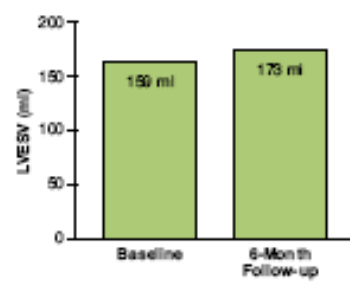
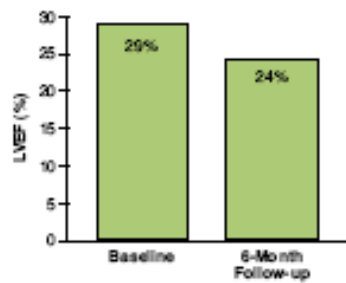
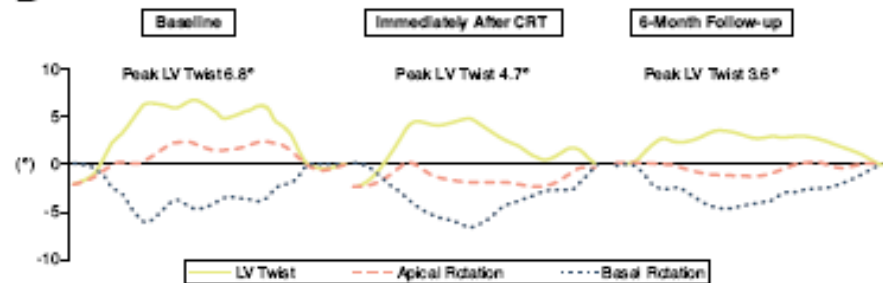
## Effects of Cardiac Resynchronization Therapy on Left Ventricular Twist

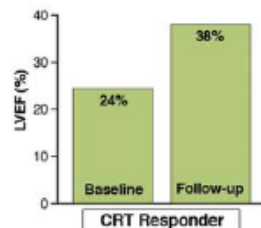
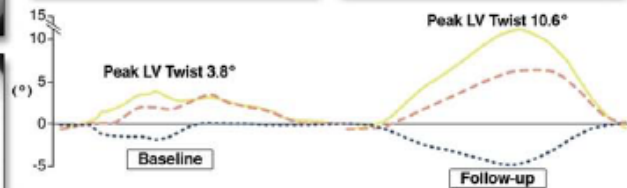
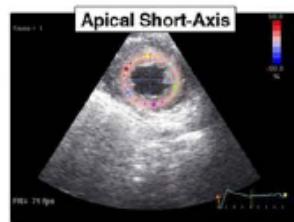
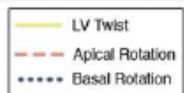
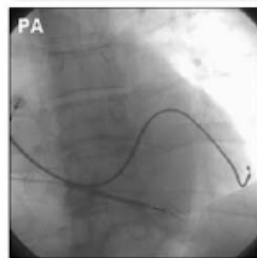
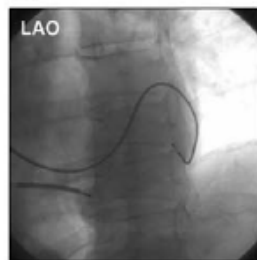
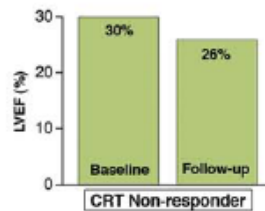
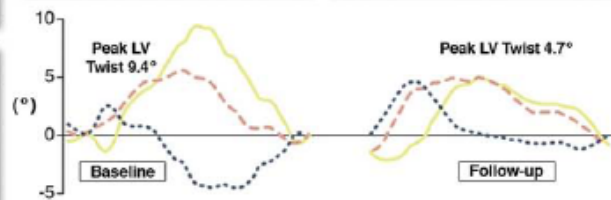
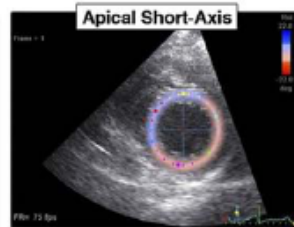
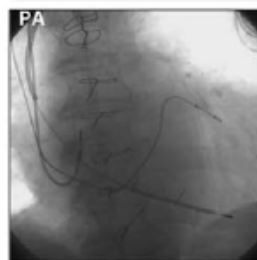
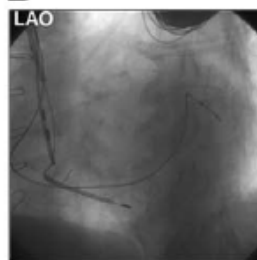
Matteo Bertini, MD,\*† Nina Ajmone Marsan, MD,\* Victoria Delgado, MD,\*  
Rutger J. van Bommel, MD,\* Gaetano Nucifora, MD,\* C. Jan Willem Borleffs, MD,\*  
Giuseppe Boriani, MD, PhD,† Mauro Biffi, MD,† Eduard R. Holman, MD, PhD,\*  
Ernst E. van der Wall, MD, PhD,\*‡ Martin J. Schalij, MD, PhD,\* Jeroen J. Bax, MD, PhD\*  
*Leiden and Utrecht, the Netherlands; and Bologna, Italy*



**Figure 5** Example of a CRT Responder With LV Lead in an Apical Position

(A) Peak LV twist improved from 3.9° at baseline to 9.7° immediately after cardiac resynchronization therapy (CRT) implantation. Peak LV twist further improved at 6-month follow-up (peak LV twist 10.9°). (B) Biplane fluoroscopy: the left anterior oblique (LAO) view shows the LV lead in a posterolateral cardiac vein; in the postero-anterior (PA) view, the distance between the coronary sinus/mitral plane and the cardiac apex was divided (dotted lines) into 3 parts (basal, midventricular, and apical). LVEF = left ventricular ejection fraction; other abbreviations as in Figure 1.

**A****B**

**A****B**

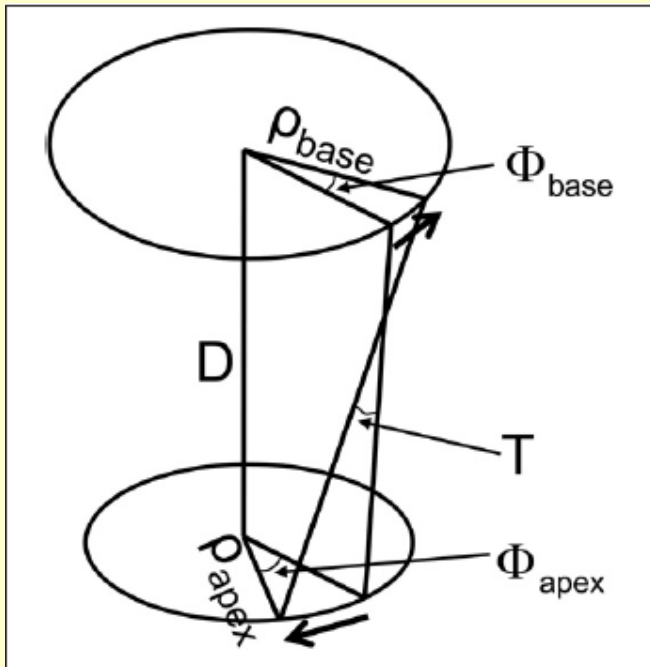
# Left Ventricular Torsion

## An Expanding Role in the Analysis of Myocardial Dysfunction

Iris K. Rüssel, MSc,\*† Marco J. W. Götte, MD, PhD,† Jean G. Bronzwaer, MD, PhD,†  
Paul Knaapen, MD, PhD,† Walter J. Paulus, MD, PhD,‡ Albert C. van Rossum, MD, PhD†  
*Amsterdam, the Netherlands*

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During left ventricular (LV) torsion, the base rotates in an overall clockwise direction and the apex rotates in a counterclockwise direction when viewed from apex to base. LV torsion is followed by rapid untwisting, which contributes to ventricular filling. Because LV torsion is directly related to fiber orientation, it might depict subclinical abnormalities in heart function. Recently, ultrasound speckle tracking was introduced for quantification of LV torsion. This fast, widely available technique may contribute to a more rapid introduction of LV torsion as a clinical tool for detection of myocardial dysfunction. However, knowledge of the exact function and structure of the heart is fundamental for understanding the value of LV torsion. LV torsion has been investigated with different measurement methods during the past 2 decades, using cardiac magnetic resonance as the gold standard. The results obtained over the years are helpful for developing a standardized method to quantify LV torsion and have facilitated the interpretation and value of LV torsion before it can be used as a clinical tool. (J Am Coll Cardiol Img 2009;2:648–55) © 2009 by the American College of Cardiology Foundation

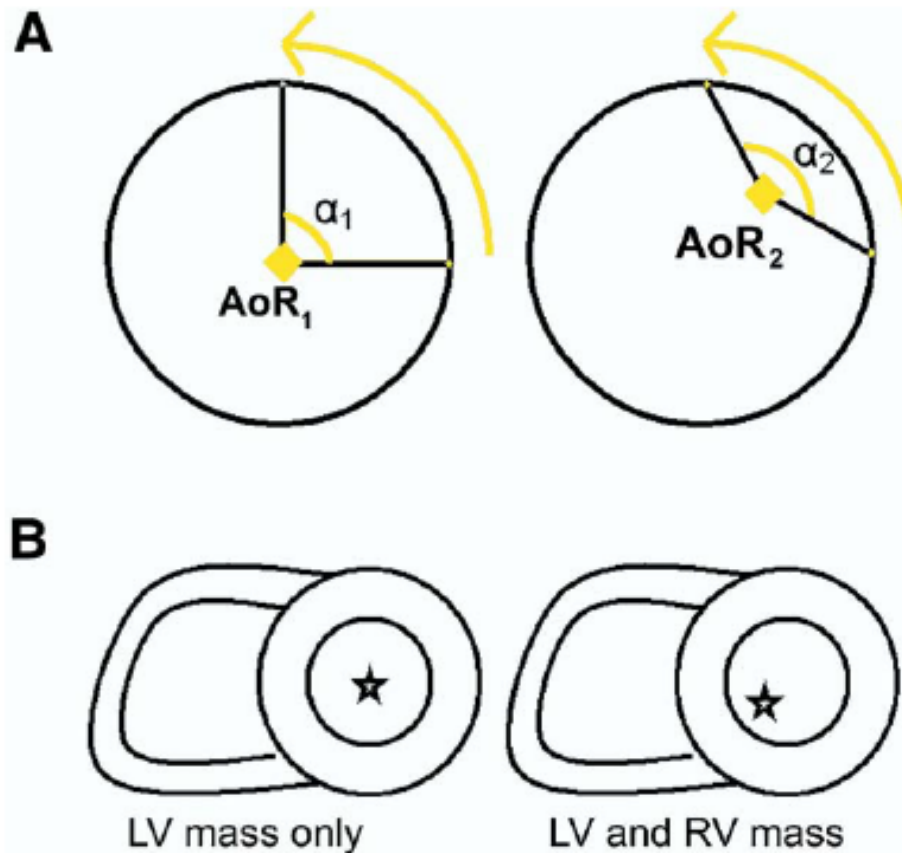


**Figure 3. Different Definitions of LV Torsion**

A sketch of a basal and an apical plane and the torsional deformation. Twist is defined as  $(\Phi_{\text{apex}} - \Phi_{\text{base}})$ , twist per unit length as  $(\Phi_{\text{apex}} - \Phi_{\text{base}})/D$ , and left ventricle (LV) torsion  $T$  (circumferential-longitudinal shear angle) as  $(\Phi_{\text{apex}} - \Phi_{\text{base}}) (\rho_{\text{apex}} - \rho_{\text{base}})/2D$ . Mostly, counterclockwise rotation as seen from the apex is positive.

$$T = \frac{(\phi_{\text{apex}} - \phi_{\text{base}}) \times (\rho_{\text{apex}} + \rho_{\text{base}})}{2D}$$

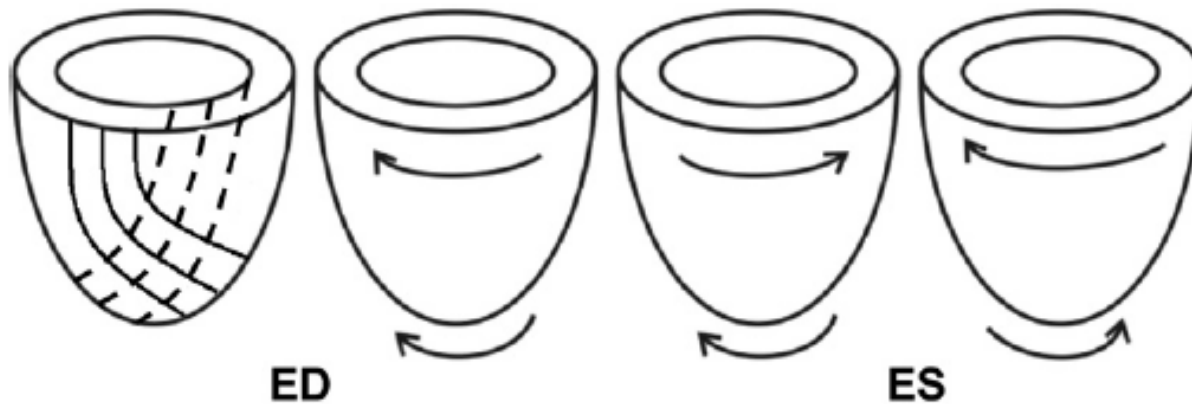
TransDif= Torsion/shortening



**Figure 4.** Effect of a Displaced AoR on Measured Rotation

A displaced AoR results in a different observed rotation angle for the same displacement (A). Inclusion of the RV mass in the calculation of the AoR will move the AoR more toward inferoseptal (B). Reprinted from Rüssel et al. (18), with permission from Biomed Central. AoR = axis of rotation; LV = left ventricle; RV = right ventricle.

# MRI?



**Figure 1.** Schematic Drawing of LV Torsion

The image on the left shows the myofiber directions. Solid lines = epicardial region; dashed lines = endocardial region. The image on the right shows untwisting. ED = end-diastole; ES = end-systole; LV = left ventricle.



# MRI?

**Table 1.** Reference Values for LV Torsion and Its Timing Between Base and Apex, Base and Mid, and Mid and Apex Levels in 12 Healthy Subjects, Calculated as the Circumferential-Longitudinal Shear Angle Using CMR Tagging

	Base-Apex	Base-Mid	Mid-Apex
Peak torsion, degrees	7.7 ± 1.4	8.2 ± 2.3	8.1 ± 1.1
Time-to-peak torsion, ms	366 ± 24	357 ± 33	370 ± 28

Adapted from Rüssel et al. (18).

LV = left ventricle; CMR = cardiac magnetic resonance.

# The known and the unknown



- As we know, there are known knowns-there are things we know we know. We also know there are known unknowns-that is to say we know there are some things we do not know. But there are also unknown unknowns-the ones we don't know we don't know.

- Donald H. Ramsfeld, US secretary of defense  
Dept. of Defense news briefing 12-02-2002

