



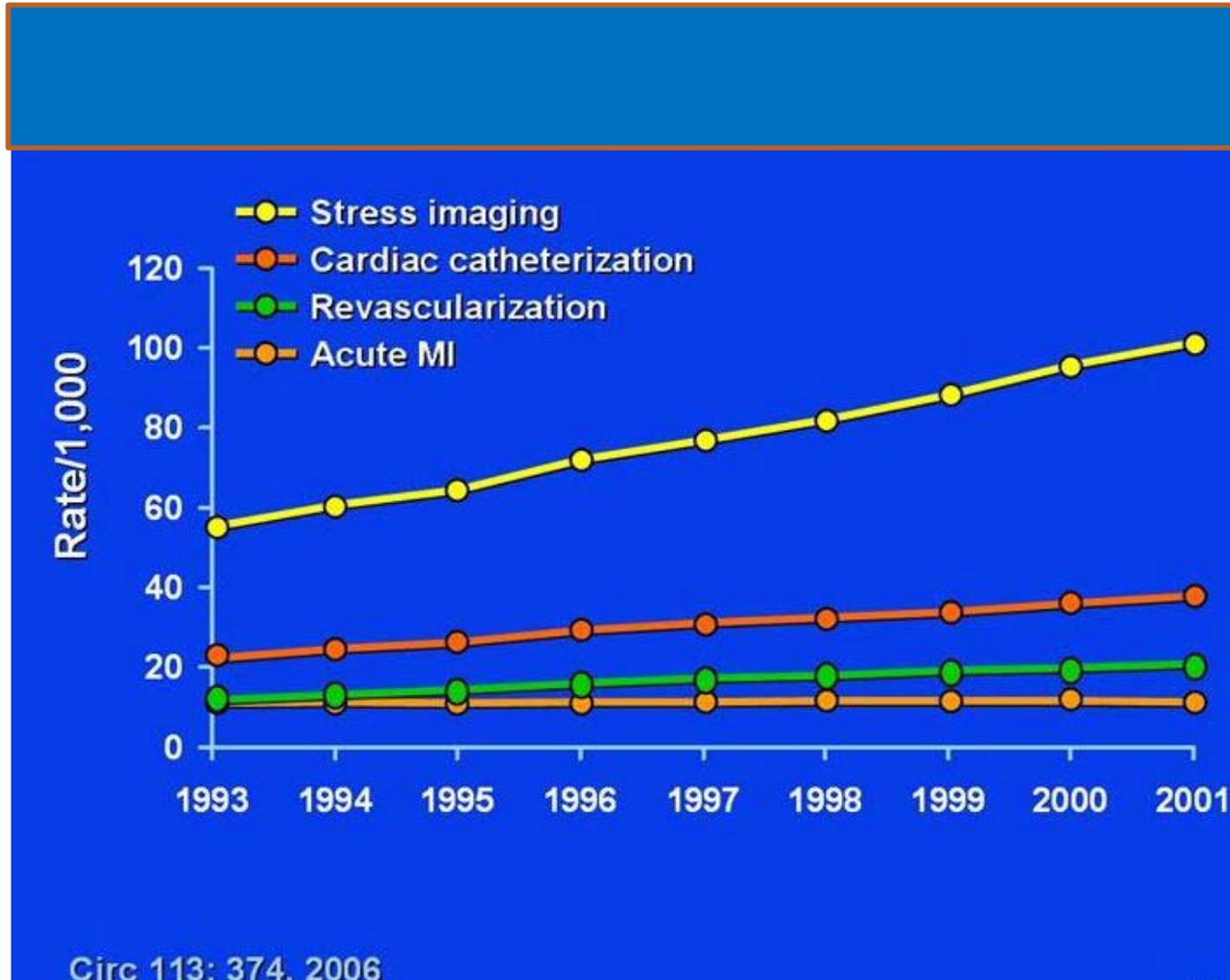
# Ο ΡΟΛΟΣ ΤΩΝ ΣΥΓΧΡΟΝΩΝ ΗΧΩΚΑΡΔΙΟΓΡΑΦΙΚΩΝ ΤΕΧΝΙΚΩΝ ΣΤΗΝ ΔΙΑΓΝΩΣΗ ΤΗΣ ΣΤΕΦΑΝΙΑΙΑΣ ΝΟΣΟΥ

Κ. ΑΓΓΕΛΗ

Α ΠΑΝΕΠΙΣΤΗΜΙΑΚΗ ΚΑΡΔΙΟΛΟΓΙΚΗ ΚΛΙΝΙΚΗ  
ΙΠΠΟΚΡΑΤΕΙΟ ΝΟΣΟΚΟΜΕΙΟ ΑΘΗΝΩΝ



# CARDIAC PROCEDURES





# CARDIAC IMAGING-ECHOCARDIOGRAPHY

- **Most used cardiac imaging test**
  - 23 million echo studies in US annually (UK 1 M)
  - 2.5 million stress echo (UK 10 k)
- **Most common use**
  - LV function assessment
  - Valvular heart disease
  - Haemodynamics
- **Essential in management of all forms of heart disease**





# CARDIAC IMAGING IN 2020- ECHOCARDIOGRAPHY



## 50 years of innovation

### Forms of echocardiography

1. M-mode echocardiography
2. 2D echocardiography
3. Doppler echocardiography
4. Stress echocardiography
5. Transesophageal echocardiography
6. Intraoperative echocardiography
7. Contrast echocardiography
8. Digital echocardiography
9. 3D echocardiography
10. Intracardiac echocardiography

### Indications

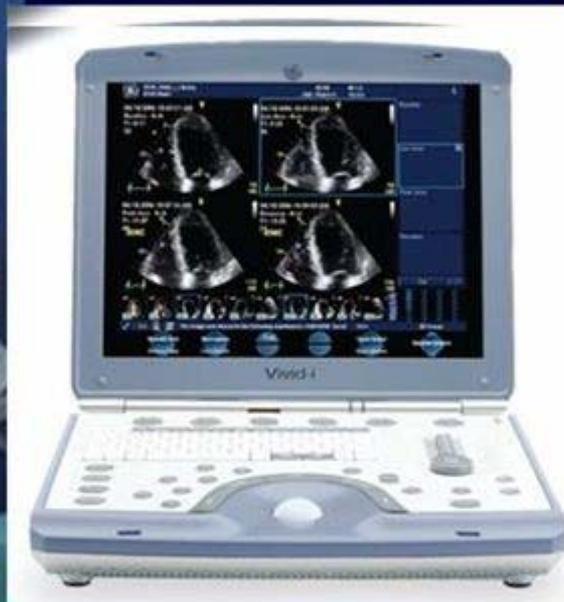
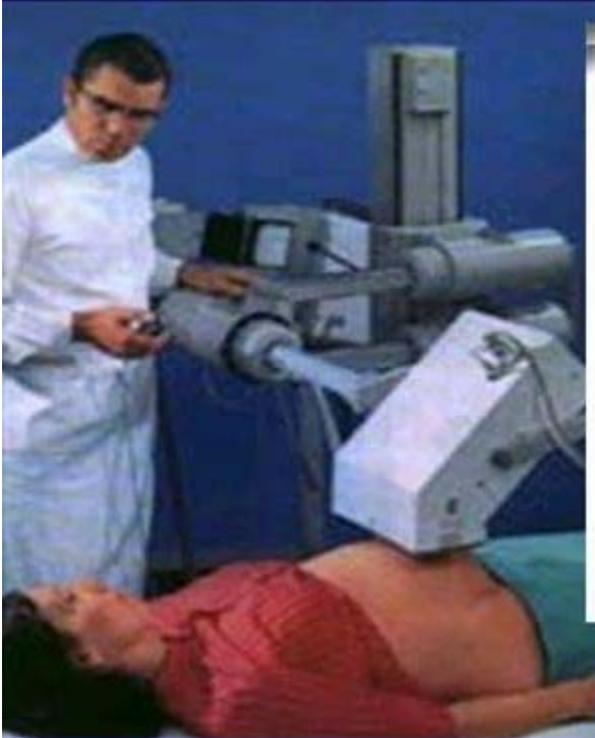
1. Assessment of ventricular size and function, LVH
2. Diagnosis and evaluation of valvular heart disease - severity of valve pathology/ physiology, LV status
3. Chest pain - ischemic and pericardial disease
4. Cardioemboli; AF, masses
5. Congenital heart disease

Parisi A. The miracle of echocardiography: a clinician's retrospective: The 1996 Inge Edler Lecture. JASE 1997





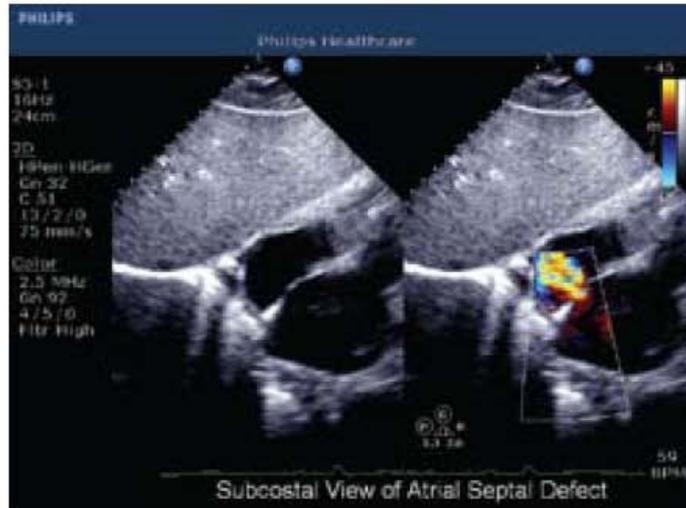
## Progressive miniaturization



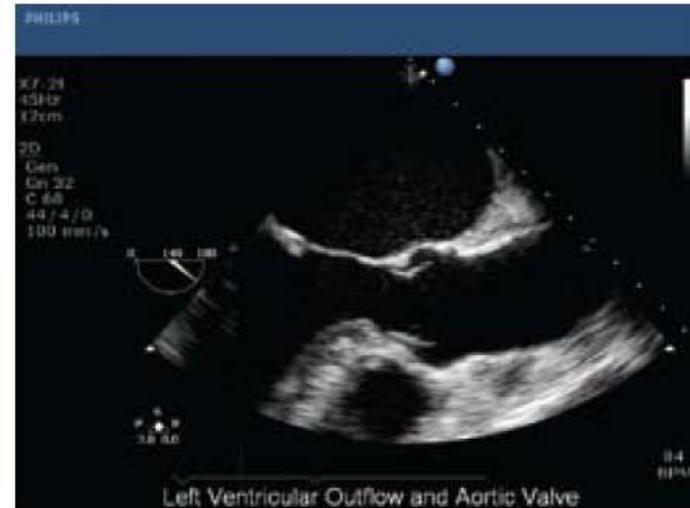


## 2D ΕΙΚΟΝΕΣ ΜΕ ΤΟΝ ΦΟΡΗΤΟ ΜΗΧΑΝΗΜΑ ΥΠΕΡΗΧΩΝ

S5-1 PureWave



X7-2t PureWave





**Our battlefield – if your ER doesn't look like this .. It will!**





# Stress Echocardiography from 1979 to Present

William F. Armstrong, MD, and Thomas Ryan, MD, FASE, *Ann Arbor, Michigan;  
and Columbus, Ohio*



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Journal of the American Society of Echocardiography  
January 2008

Table 1 Stress echocardiography methods

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Exercise

- Posttreadmill exercise
- Supine or upright bicycle
- Handgrip

Pharmacologic

- Dobutamine ( $\pm$ atropine)
- Dipyridamole ( $\pm$ atropine)
- Adenosine ( $\pm$ atropine)
- Combined dobutamine + dipyridamole
- Pharmacologic  $\pm$  handgrip

Other

- Transesophageal atrial pacing
  - Transvenous pacing (temporary or permanent)
  - Ergonovine\*
  - Hyperventilation\*
  - Cold pressor
  - Mental stress
- 





# ACCF/ASE/ACEP/AHA/ASNC/SCAI/SCCT/SCMR 2008 APPROPRIATENESS CRITERIA FOR STRESS ECHOCARDIOGRAPHY.

CIRCULATION. 2008 MAR 3 [EPUB AHEAD OF PRINT]

DOUGLAS PS, KHANDHERIA B, STAINBACK RF,  
WEISSMAN NJ.

- *An appropriate imaging study is one in which the expected incremental information, combined with clinical judgment, exceeds the expected negative consequences\* by a sufficiently wide margin for a specific indication that the procedure is generally considered acceptable care and a reasonable approach for the indication.*

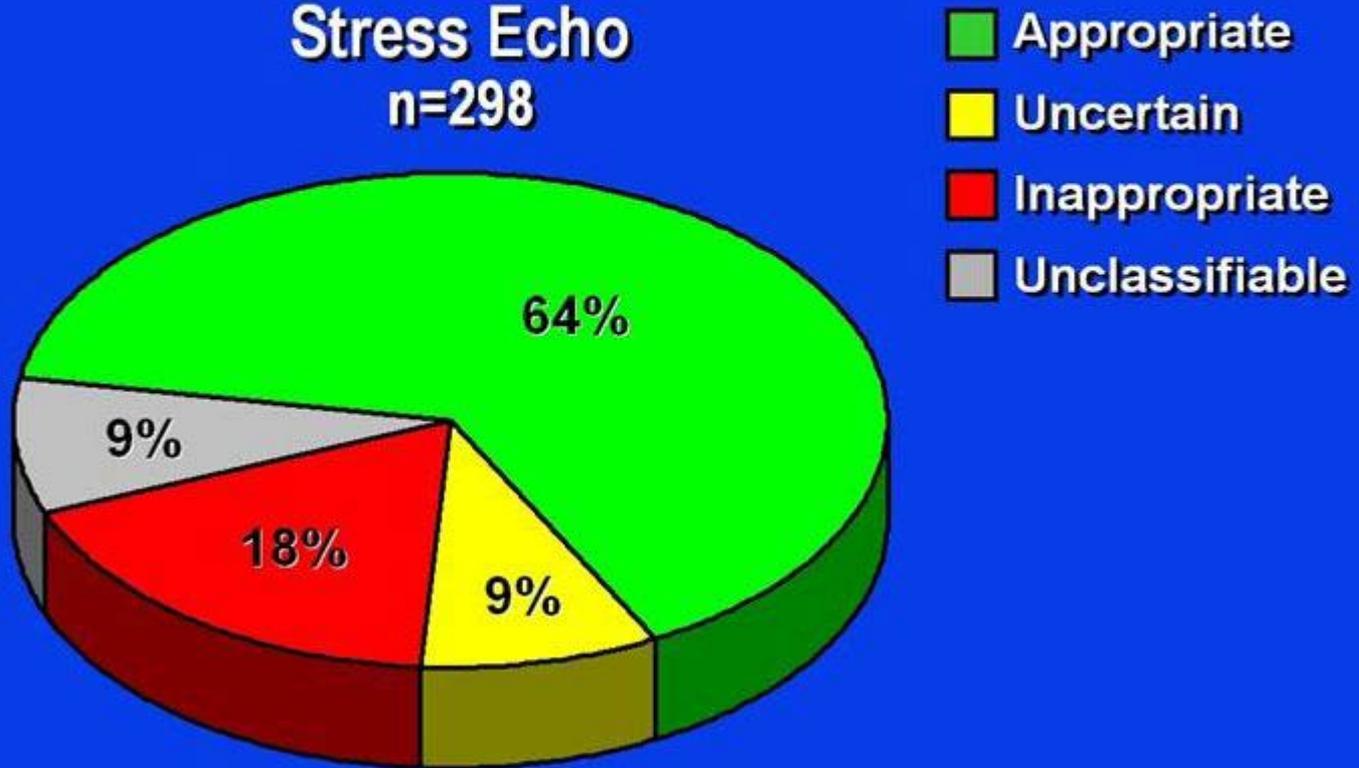
## General Assumptions for Stress Echocardiography

To prevent any nuances of interpretation, all indications were considered with the following important assumptions:

1. All indications are assumed to apply to adult patients (18 years of age or older).
2. The test is performed and interpreted by qualified individuals in facilities that are proficient in the imaging technique.<sup>5-8</sup>

For the 51 indications for the use of stress echocardiography, 22 were found to be appropriate, 10 were uncertain, and 19 were considered inappropriate.

## Stress Echo n=298



ACC 51: 1283, 2008





## APPROPRIATE STRESS IMAGING STUDIES

<b>Mayo</b>			
<b>Category</b>	<b>SPECT (N)</b>	<b>Echo (N)</b>	<b>% of inapp</b>
Asymp Low-risk pt	20	25	48
Preop Intermediate-risk surg Good ex capacity	4	12	17
Sx Low pre test Interp ECG, able to exercise	5	7	13
Preop Low-risk surg	2	7	10
<b>These 4 categories</b>			<b>88</b>





## TASK FORCE 4: TRAINING IN ECHOCARDIOGRAPHY

ENDORSED BY THE AMERICAN SOCIETY OF ECHOCARDIOGRAPHY

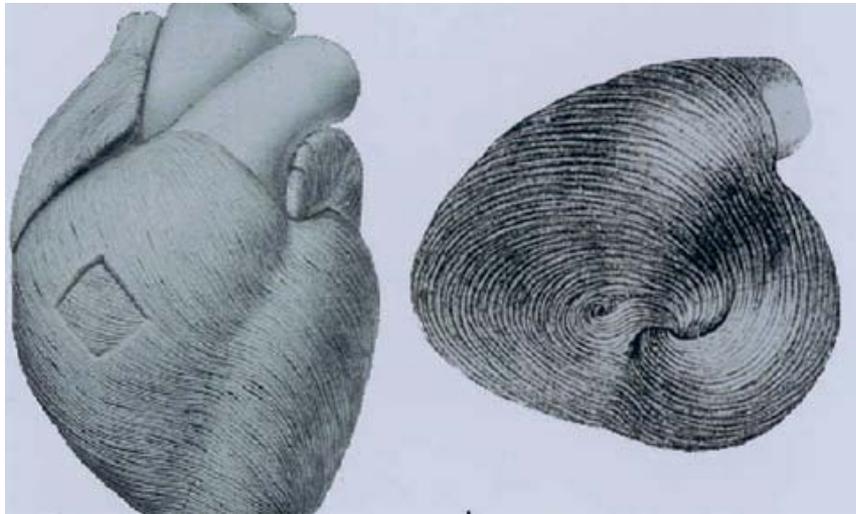
THOMAS RYAN, WILLIAM ARMSTRONG, BIJOY KHANDHERIA

JACC 2008;51:361-7

- Echocardiography is currently the most widely used imaging technique for assessing *cardiovascular anatomy and function*....
- Today, an echocardiography laboratory can appropriately be called *an ultrasound imaging and hemodynamic laboratory*....



**Basic science review: The helix and the heart**  
Gerald D. Buckberg  
*J Thorac Cardiovasc Surg* 2002;124:863-883



**Ejection**

**Suction**





# ASSESSING MATURE TECHNOLOGY JACC 2007. EDITORIAL COMMENT)



## Cardiac Imaging

- Cardiac Imaging  
there is a shift  
from reports on its  
diagnostic  
accuracy toward  
risk stratification

## The growth in cardiac imaging

- The growth in cardiac imaging may also be related to temporal changes in CHD mortality. An analysis of data from Framingham Heart Study from 1950 to 1999 revealed that CHD death rates declined by 59%.
- Is it reasonable to infer that CHD mortality reductions are partially related to greater use of diagnostic tests???





# ECHOCARDIOGRAPHY



Function ★  
Perfusion ★  
Deformation ★  
Fibrosis ???





# STRESS ECHO

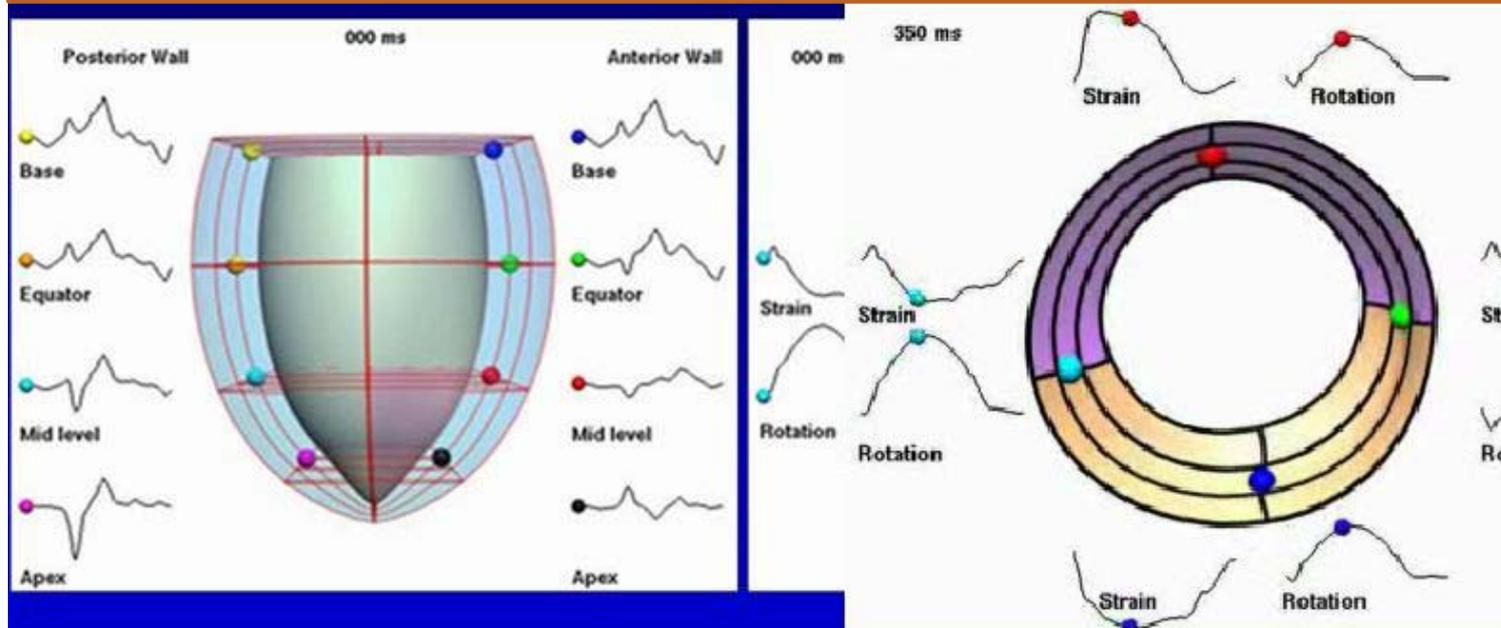
## ○ ADVANTAGES

- Cheap
- Availability
- No radiation
- Functional information
- Information for perfusion



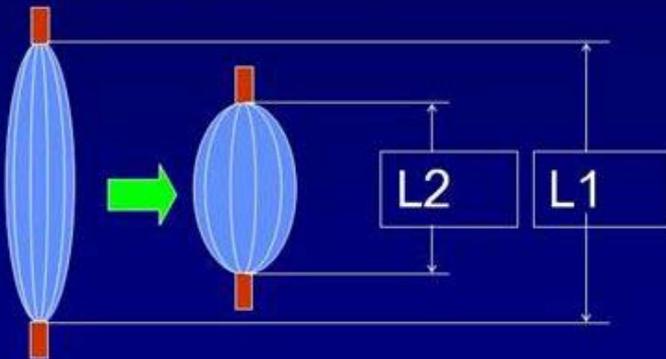
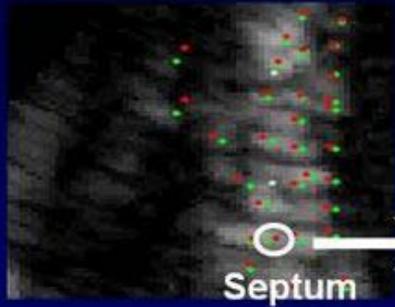


# QUANTIFYING LV DEFORMATION





# SPECKLE (2D) STRAIN



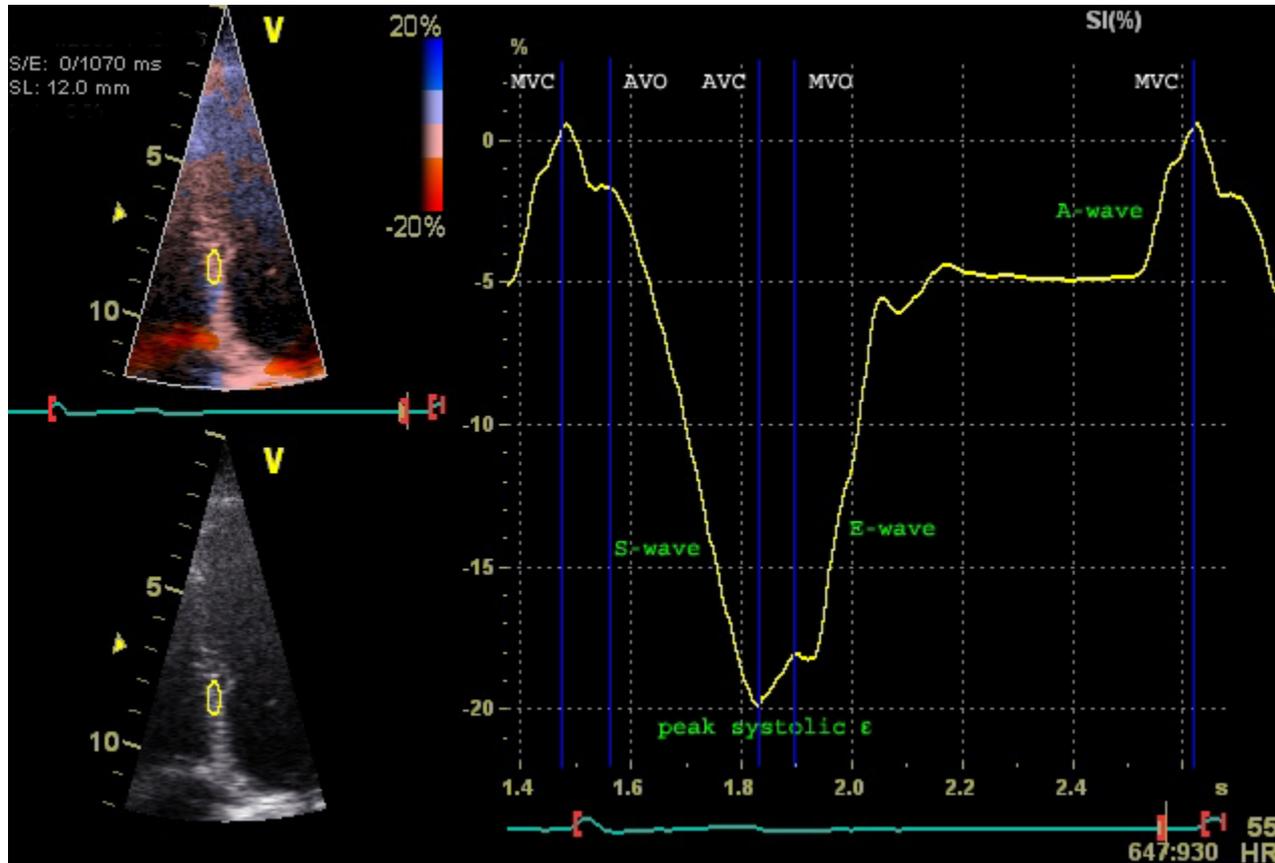
$$\text{Strain} = \frac{L1 - L2}{L1} (\%)$$

Leitman et al. J Am Soc Echocardiogr 2004, 17, 1021



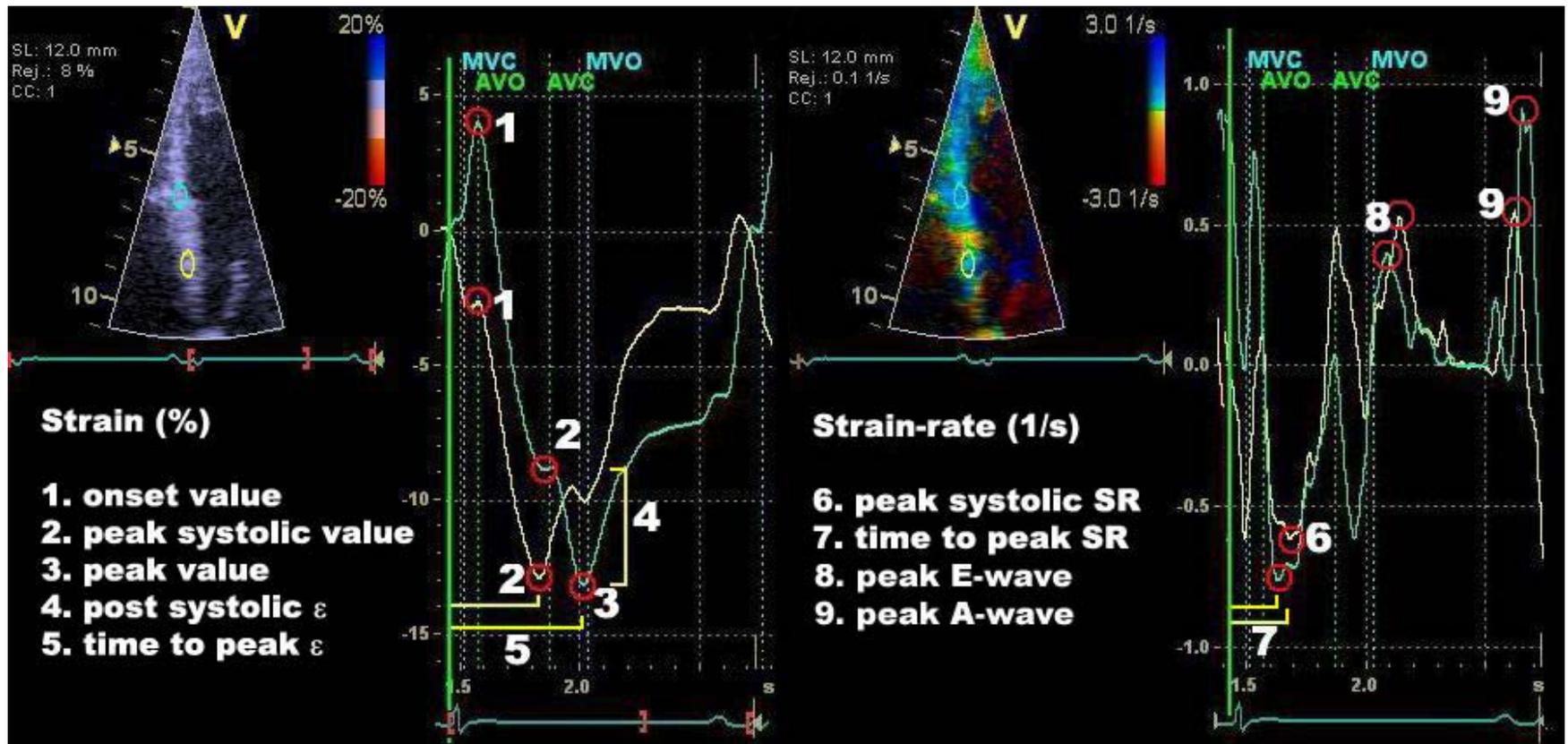


# STRAIN-STRAIN RATE: EXAMPLE OF LONGITUDINAL STRAIN GRAPH (DOPPLER DERIVED).



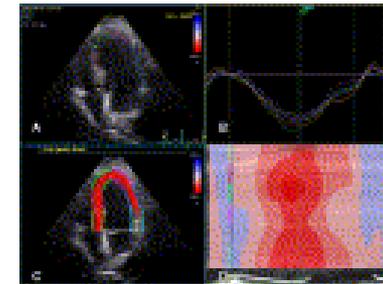
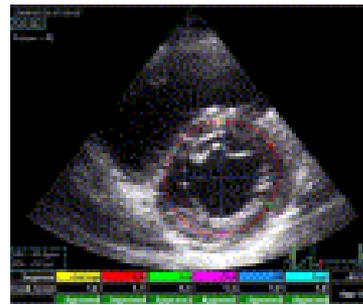
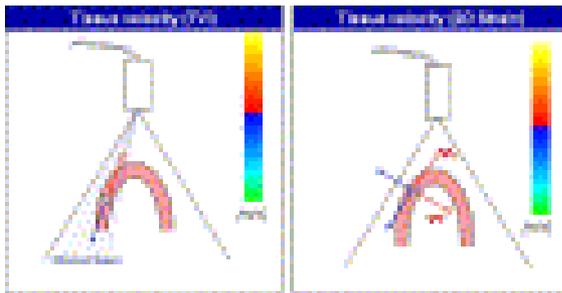


# STRAIN AND STRAIN-RATE PARAMETERS





# 2D-STRAIN, STRAIN RATE



- Non-Doppler 2D strain imaging by echocardiography is a new technique that allows rapid and accurate assessment of LV function. It is easily obtained, has a low rate of intraobserver and interobserver variability, and correlates well with measurements obtained by tissue Doppler-based technique. Given the high reproducibility, angle independence, and automated tracking system (which allows even inexperienced observers to perform accurate measurements), it is likely to become a widespread technique, with many clinical implications.





## Experimental Validation of Circumferential, Longitudinal, and Radial 2-Dimensional Strain During Dobutamine Stress Echocardiography in Ischemic Conditions

Patricia Reant, MD,\*† Louis Labrousse, MD,\*† Stephane Lafitte, MD, PhD,\*† Pierre Bordachar, MD,\*† Xavier Pillois, PhD,\* Liliane Tariosse, MS,\* Simone Bonoron-Adele, MS,\* Philippe Padois, MS,\* Claude Deville, MD,† Raymond Roudaut, MD,† Pierre Dos Santos, MD, PhD\*†  
Bordeaux, France

(J Am Coll Cardiol 2008;51:149-57)

## Speckle-Derived Strain

A Better Tool for Quantification of Stress Echocardiography?\*

Theodore P. Abraham, MD, FACC,  
Aurelio C. Pinheiro, MD, PhD  
Baltimore, Maryland

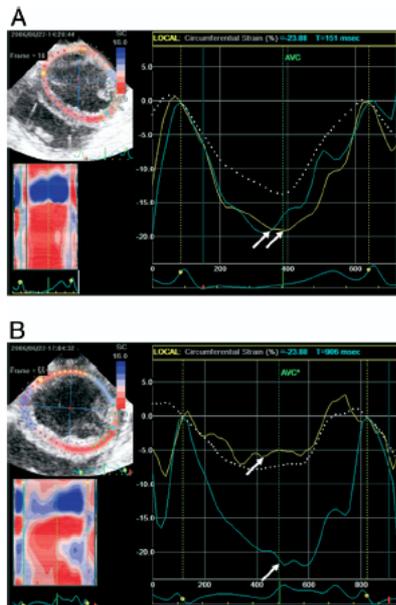


Figure 1. Example

Quantification of peaks (white arrows) in circumferential strain in end systole in risk areas (yellow curve) and control areas (blue curve) in the (A) absence of coronary stenosis and (B) presence of flow-limiting stenosis 25%.

We feel that 2D strain represents a better parameter than WT for early detection of myocardial contraction abnormalities during DSE. The 2D strain can evaluate longitudinal or circumferential abnormalities, which precede the decrease in radial deformation in ischemia. Since subendocardial myocardial fibers, which are mainly longitudinally oriented, are more susceptible to ischemia, it might be expected that the longitudinal function is altered earlier than the radial function (as assessed by the WT parameter)

## Conclusions

The 2D strain is a new technique with real potential for quantitative evaluation of myocardial function. During DSE under ischemic conditions, abnormalities in CS and LS were detected before radial dysfunction, and thus they provide an earlier indication of coronary stenosis. Clinical studies with 2-dimensional strain during DSE are needed to confirm these experimental findings.



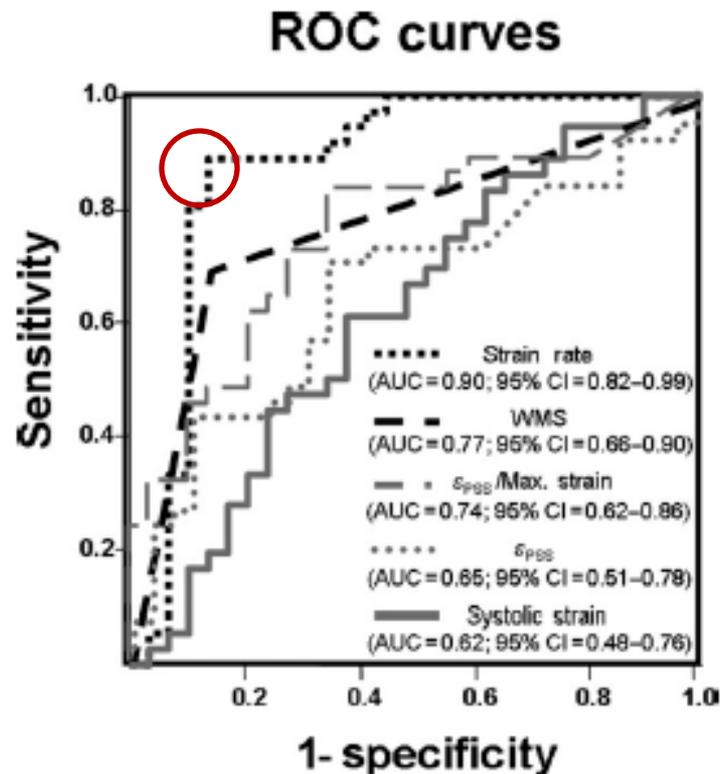


## Assessment of the contractile reserve in patients with intermediate coronary lesions: a strain rate imaging study validated by invasive myocardial fractional flow reserve

Frank Weidemann<sup>†</sup>, Philip Jung, Caroline Hoyer, Jens Broscheit, Wolfram Voelker, Georg Ertl, Stefan Störk, Christiane E. Angermann, and Joerg M. Strotmann



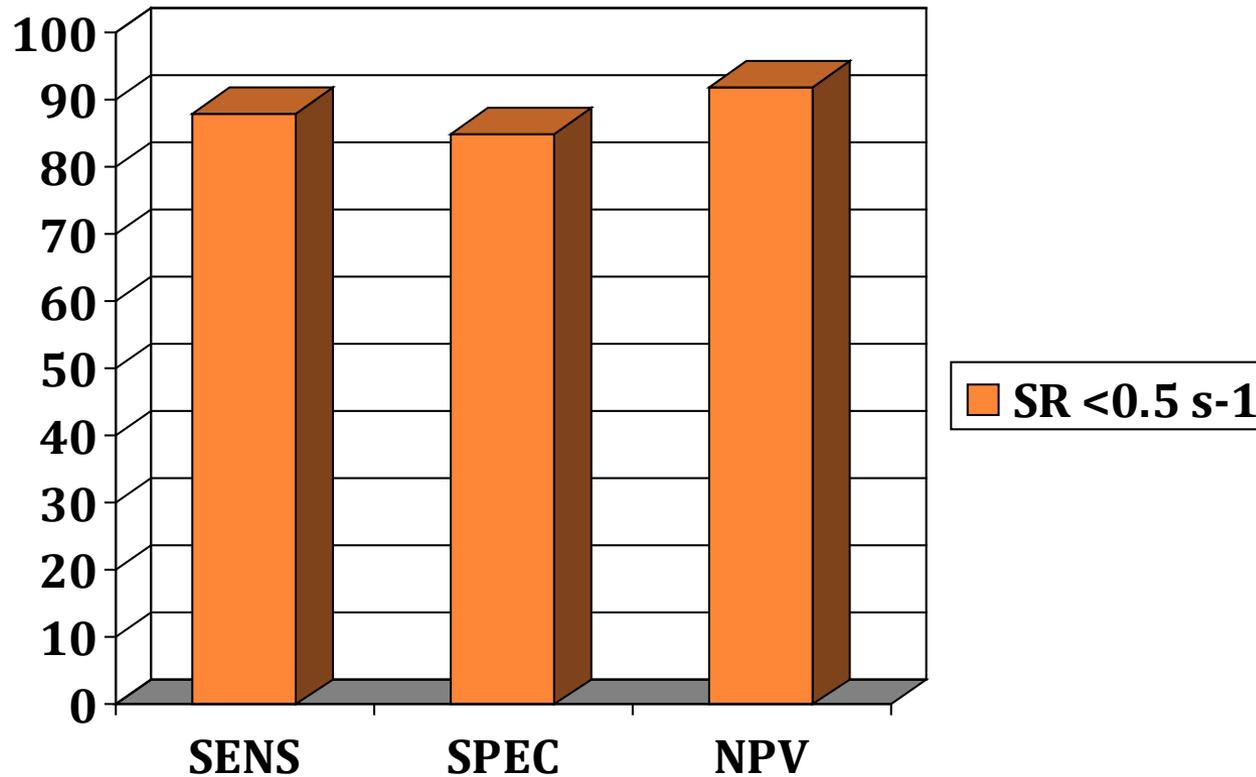
European Heart Journal (2007) 28, 1425–1432





# QUANTITATIVE DOBUTAMINE STRESS ECHOCARDIOGRAPHY FOR THE EARLY DETECTION OF CARDIAC ALLOGRAFT VASCULOPATHY IN HEART TRANSPLANT RECIPIENTS

*EROGLU E., ET AL. HEART 2007 OCT 4;*





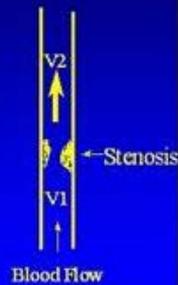
# CORONARY FLOW RESERVE

## Quantitation of the stenosis

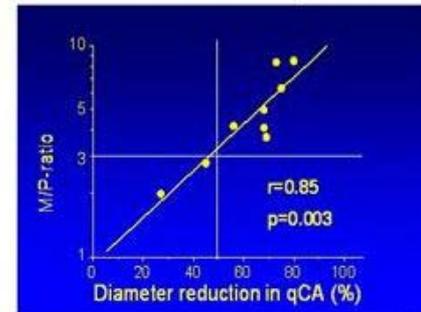
- V1 = prestenotic flow velocity
- V2 = maximum flow velocity
- Severity of stenosis:

1.  $M/P\text{-ratio} = \frac{V2}{V1}$

2. V2 alone



Coronary flow velocity increase in TTDE is proportional to the severity of stenosis

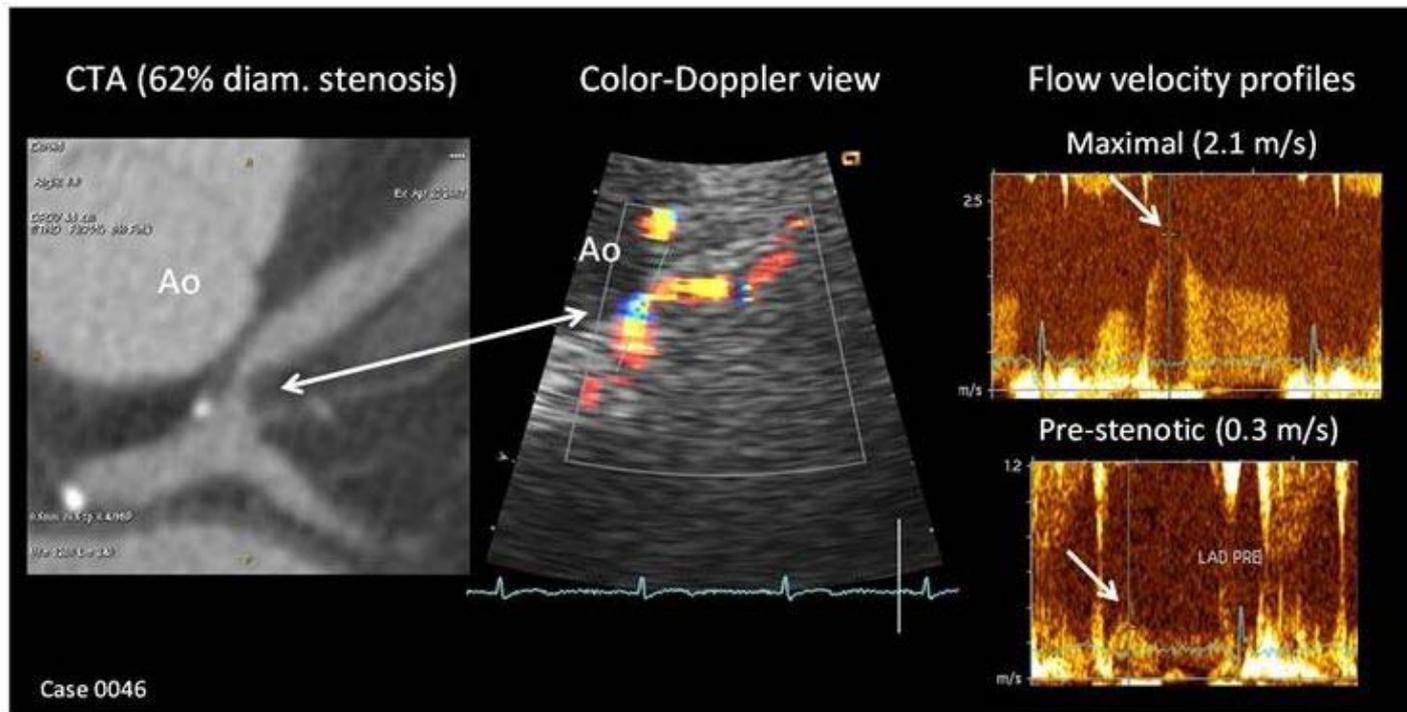
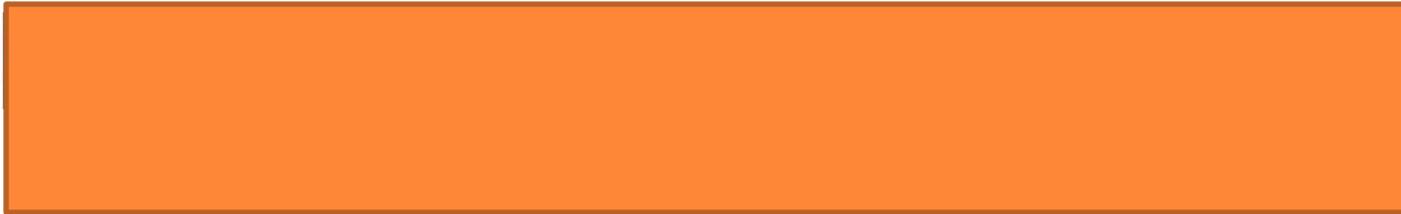


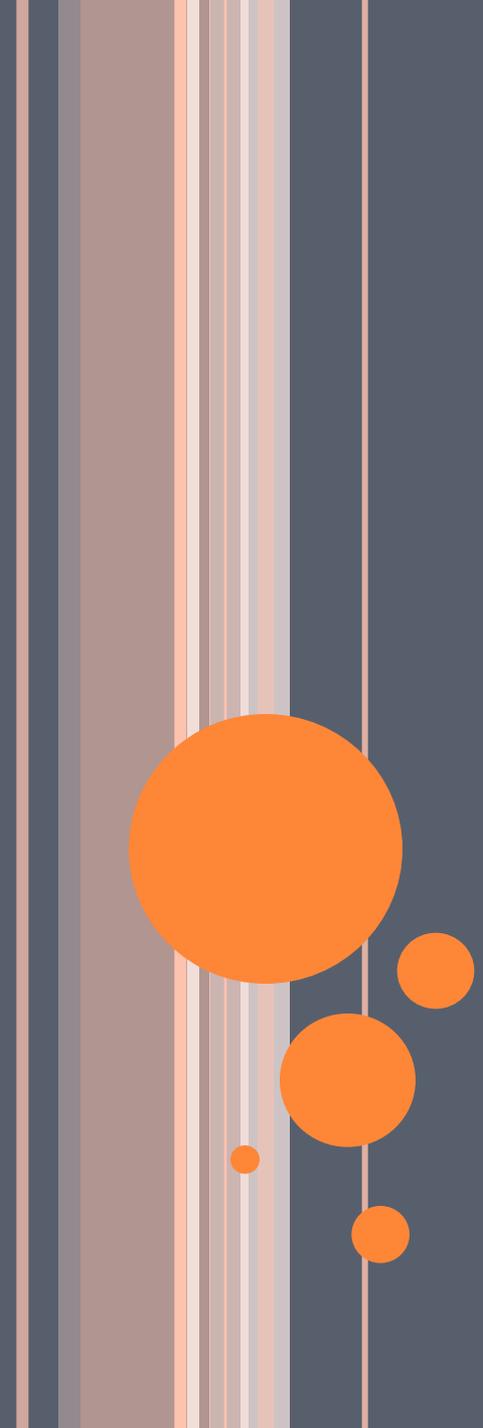
Saraste M et al. Clin Physiol 2000





# PROXIMAL LAD STENOSIS

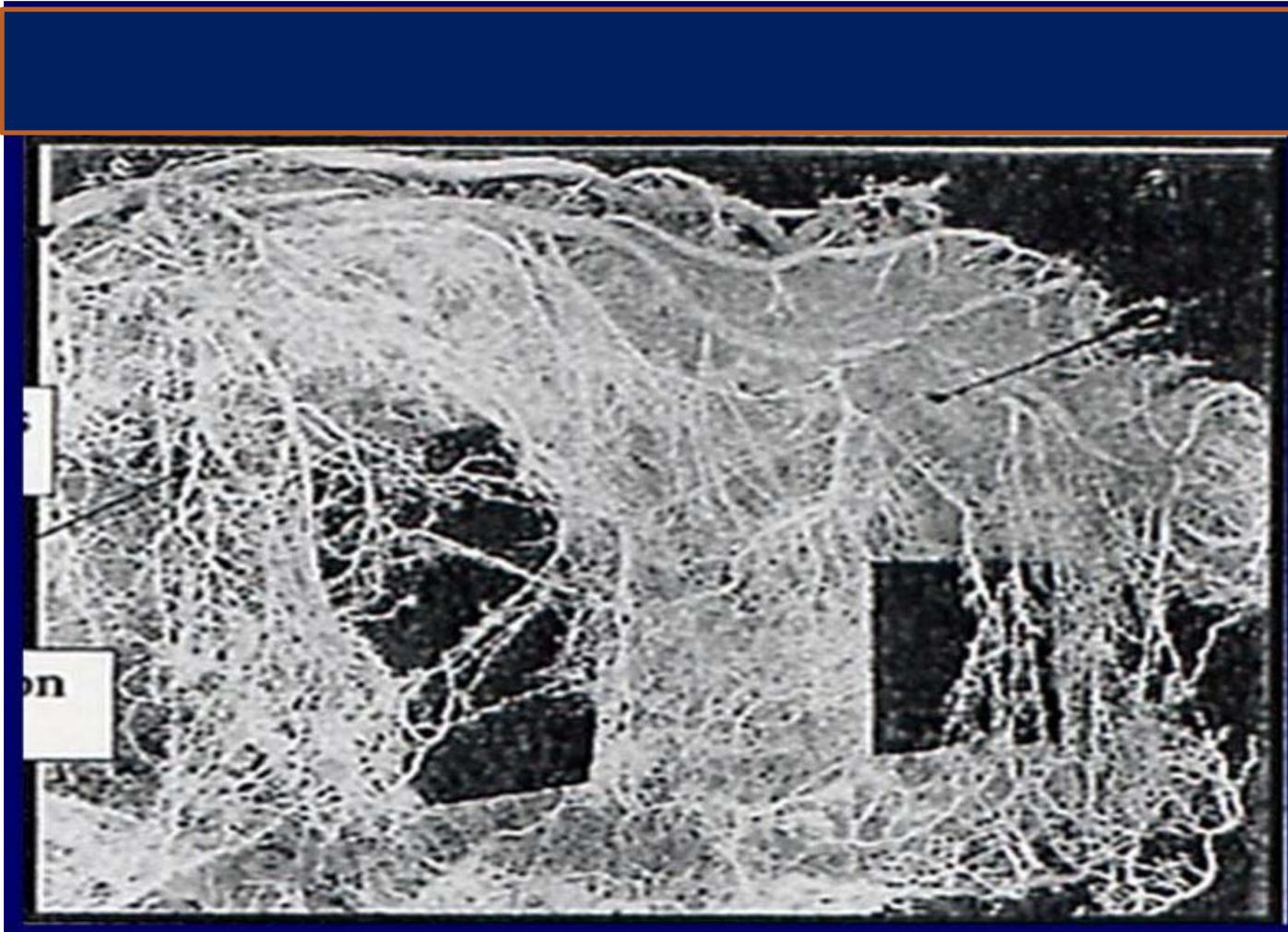




# Η ΥΠΕΡΗΧΟΚΑΡΔΙΟΓΡΑΦΙΑ ΑΝΤΙΘΕΣΗΣ ΣΤΗΝ ΕΦΑΡΜΟΓΗ ΤΟΥ STRESS ECHO



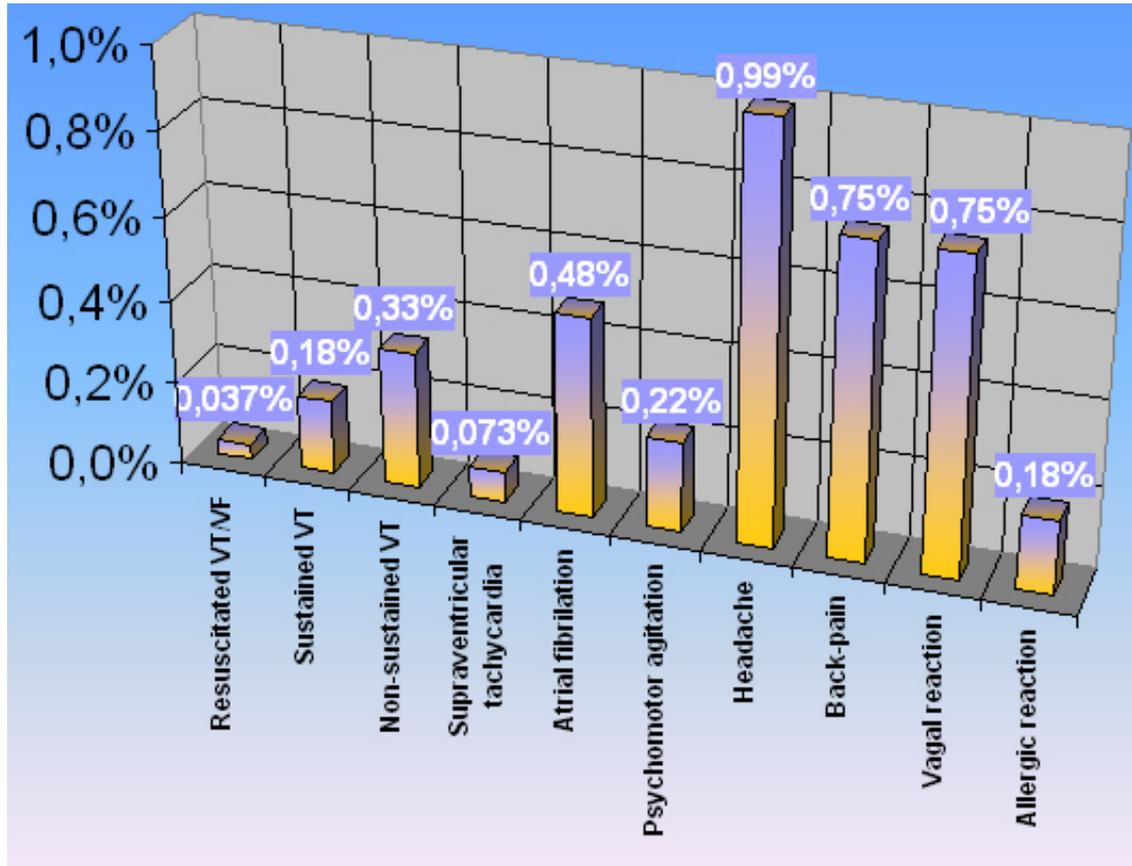
# CORONARY ARTERIAL TREE AND MICROVASCULATURE





# SAFETY OF STRESS-CONTRAST ECHO

AGGELI C. ET AL. HEART 2008 MAY



**Safety and diagnostic accuracy of stress-contrast echocardiography in octogenarians.**

**Aggeli C., Giannopoulos G., Roussakis G., et al. ECS 2008**





## Supine Bicycle Echocardiography

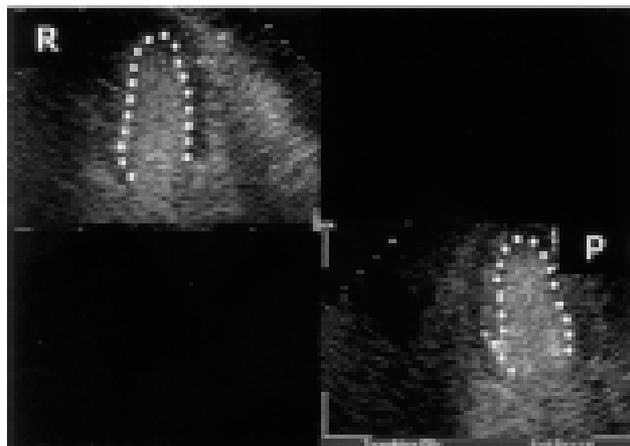
Improved Diagnostic Accuracy and  
Physiologic Assessment of Coronary Artery Disease  
With the Incorporation of Intermediate Stages of Exercise

Tae-Ho Park, MD, Nawar Tayan, MD, Kimiko Takeda, MD, Hui-Kyung Jeon, MD,  
Miguel A. Quinones, MD, FACC, William A. Zoghbi, MD, FACC

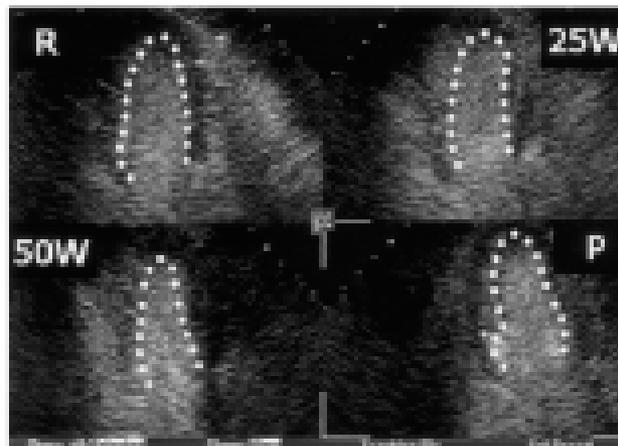
*Houston, Texas*

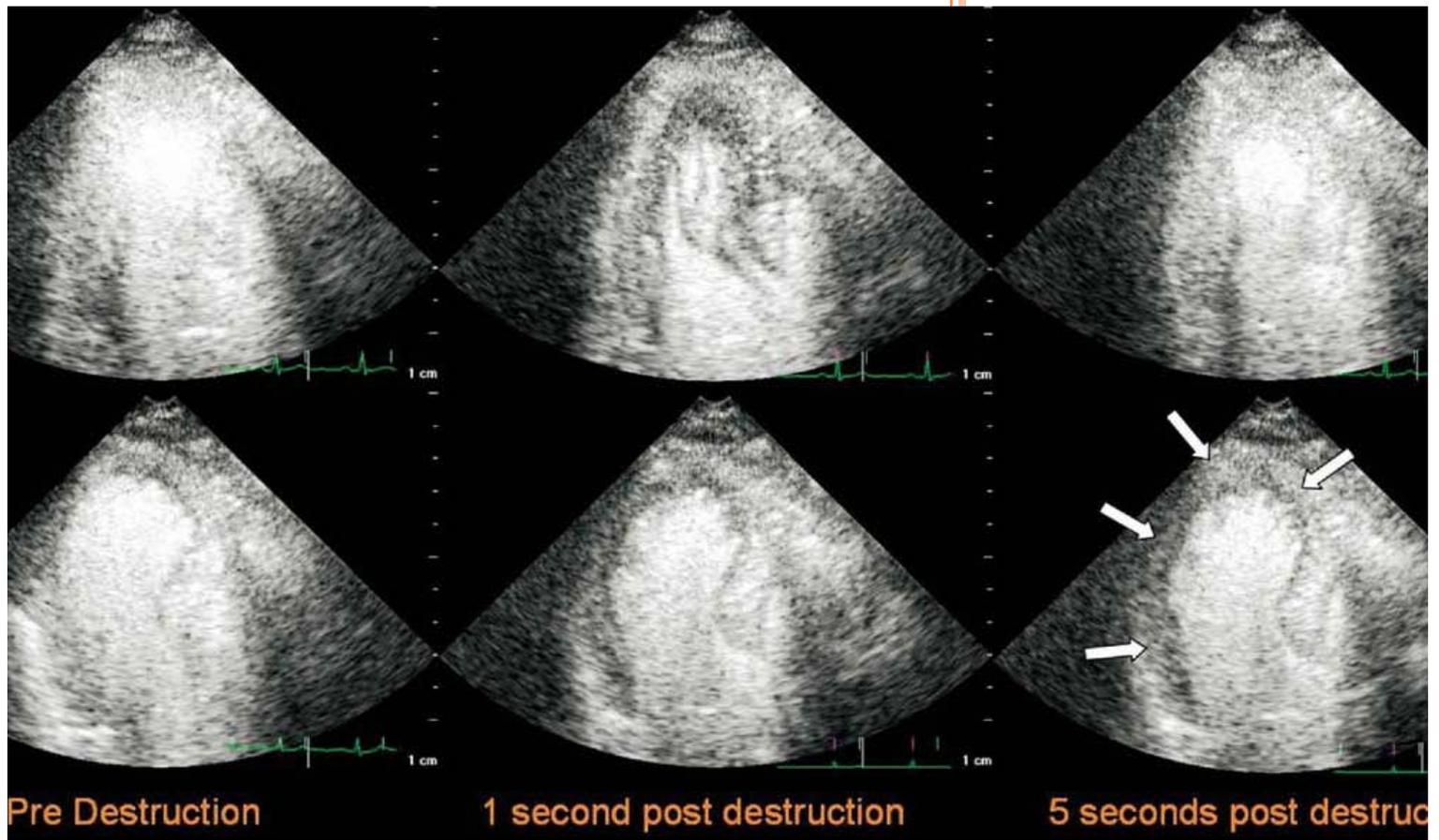
(J Am Coll Cardiol 2007;50:1857-63)

Rest - Peak



Rest - Intermediate Stages - Peak





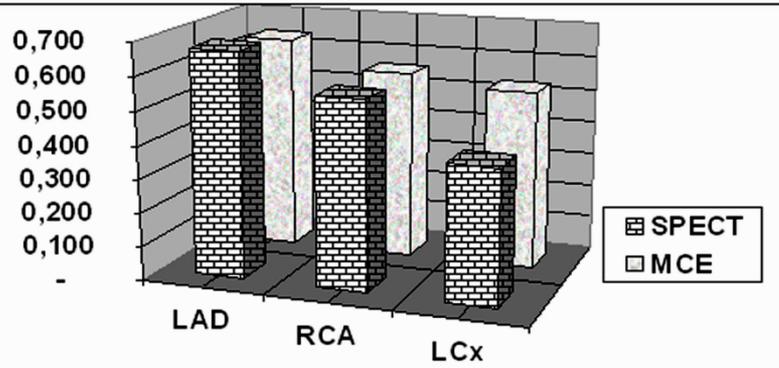
Myocardial Contrast Echocardiography  
for the Detection of Coronary Artery Stenosis (J Am Coll Cardiol 2006;47:141-5)



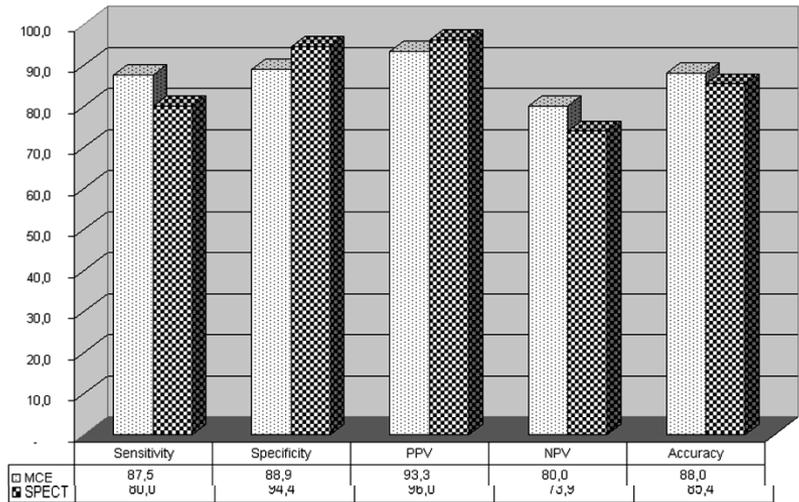


# THE DIAGNOSTIC VALUE OF ADENOSINE STRESS-CONTRAST ECHOCARDIOGRAPHY FOR DIAGNOSIS OF CORONARY ARTERY DISEASE IN HYPERTENSIVE PATIENTS - COMPARISON TO TL-201 SINGLE-PHOTON EMISSION COMPUTED TOMOGRAPHY

C. AGGELI, ET AL. AM J HYPERT 2007



	LAD	RCA	LCx
■ SPECT	0.671	0.559	0.400
□ MCE	0.640	0.561	0.533



PHILIPS X 2

15/03/2008

13:19:23

TIS0.0

MI 0.15 L

29051320080315

S5-1/Perfusion

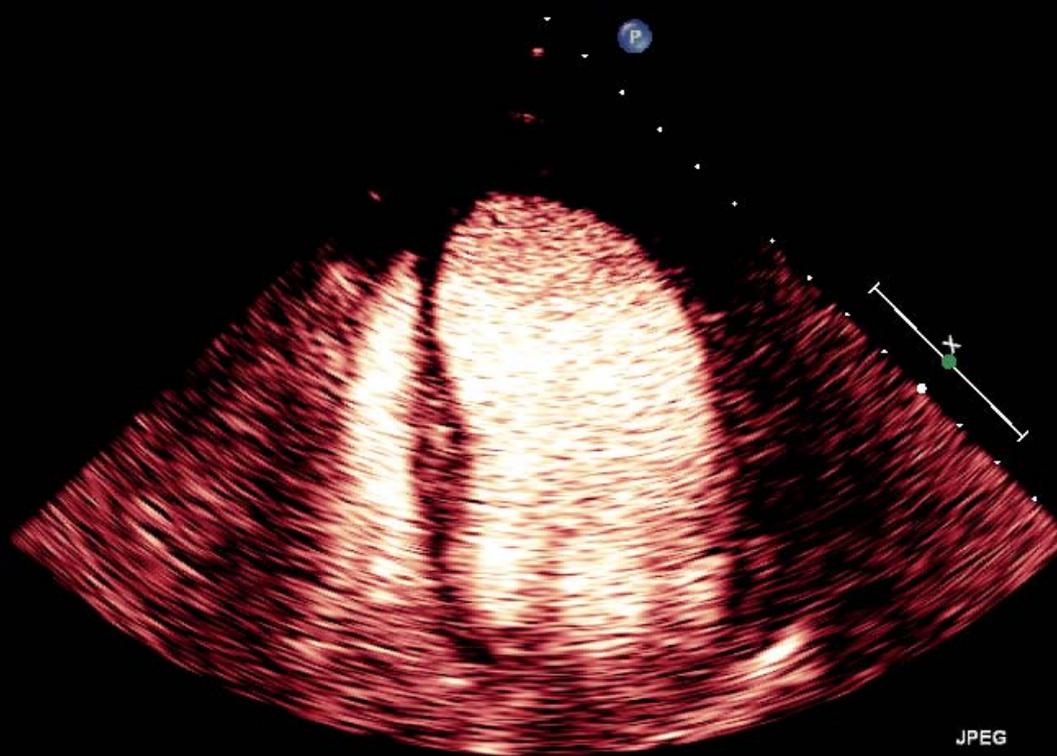
MI 1.45 F

FR 35Hz  
14cm

M2

Contrast  
66%  
C 50  
P Off  
Res

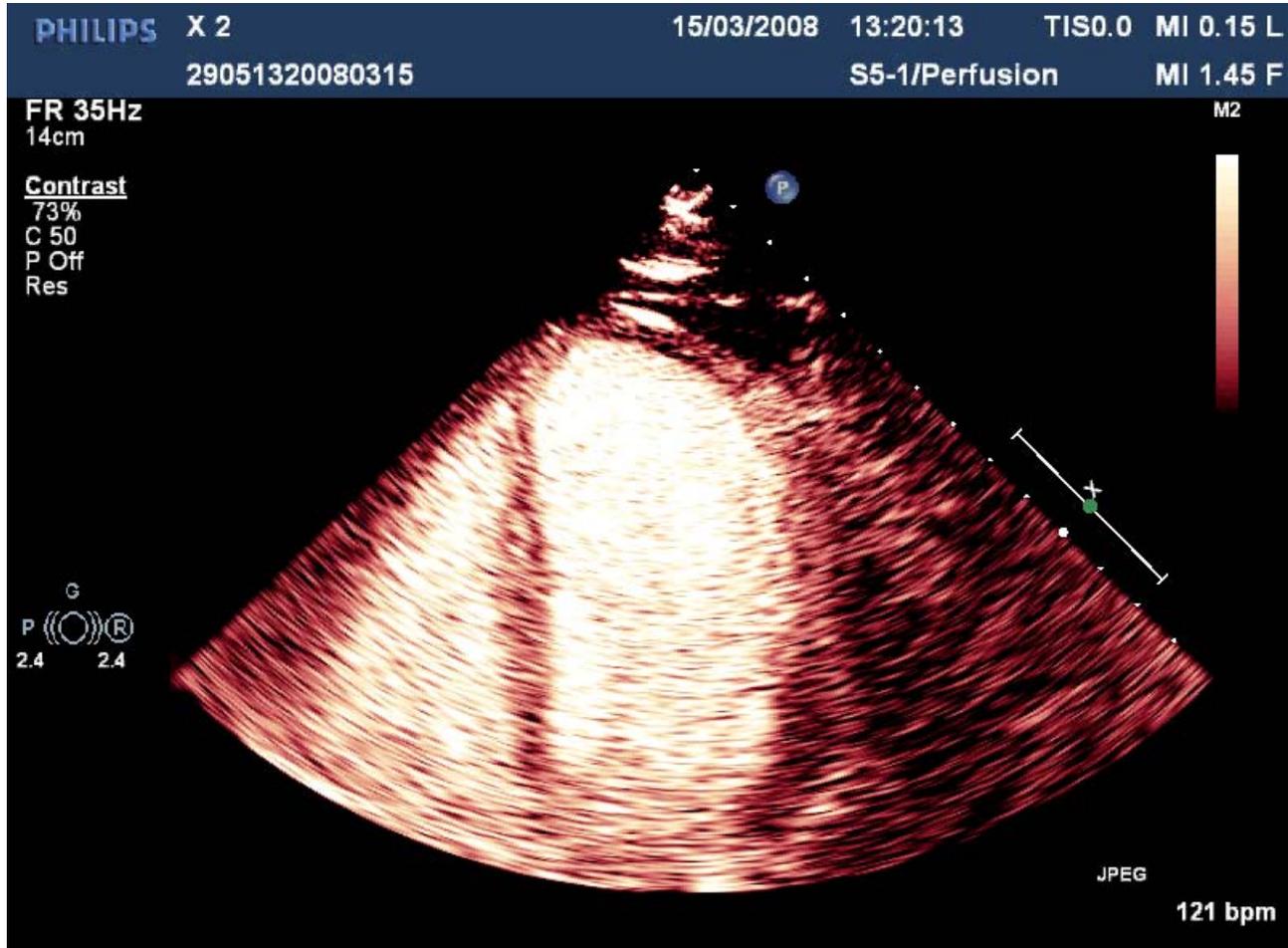
G  
P ((O)) (R)  
2.4 2.4



JPEG

108 bpm





PHILIPS

X 2

15/03/2008

13:21:10

TIS0.0

MI 0.15 L

29051320080315

S5-1/Perfusion

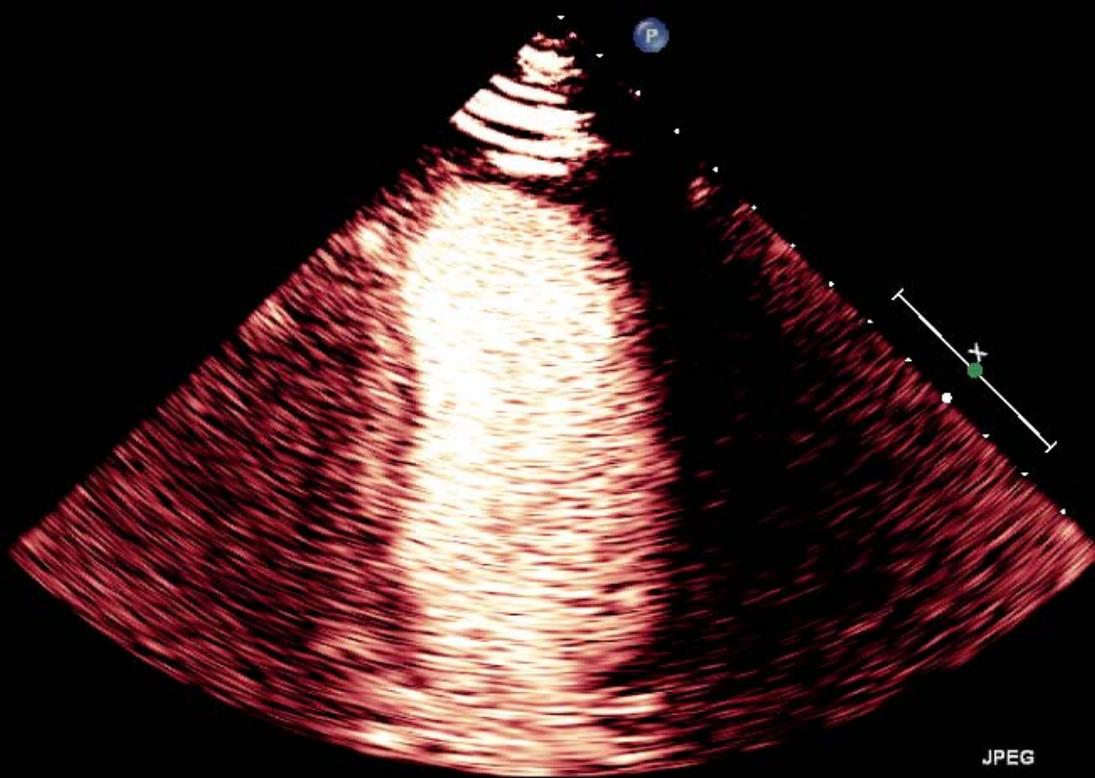
MI 1.45 F

FR 35Hz  
14cm

M2

Contrast  
73%  
C 50  
P Off  
Res

G  
P ((O)) R  
2.4 2.4



JPEG

128 bpm





PHILIPS XX1

15/03/2008

12:15:18

TIS0.0

MI 0.15 L

33431120080315

S5-1/Perfusion

MI 1.45 F

FR 34Hz  
15cm

M2

Contrast

74%  
C 50  
P Off  
Res

G  
P ((O)) (R)  
2.4 2.4



JPEG

117 bpm



PHILIPS

TSOUTSAS

24/10/2008

11:51:53

TISO.0

MI 0.10 L

50451120081024

S5-1/BR125

MI 0.64 F

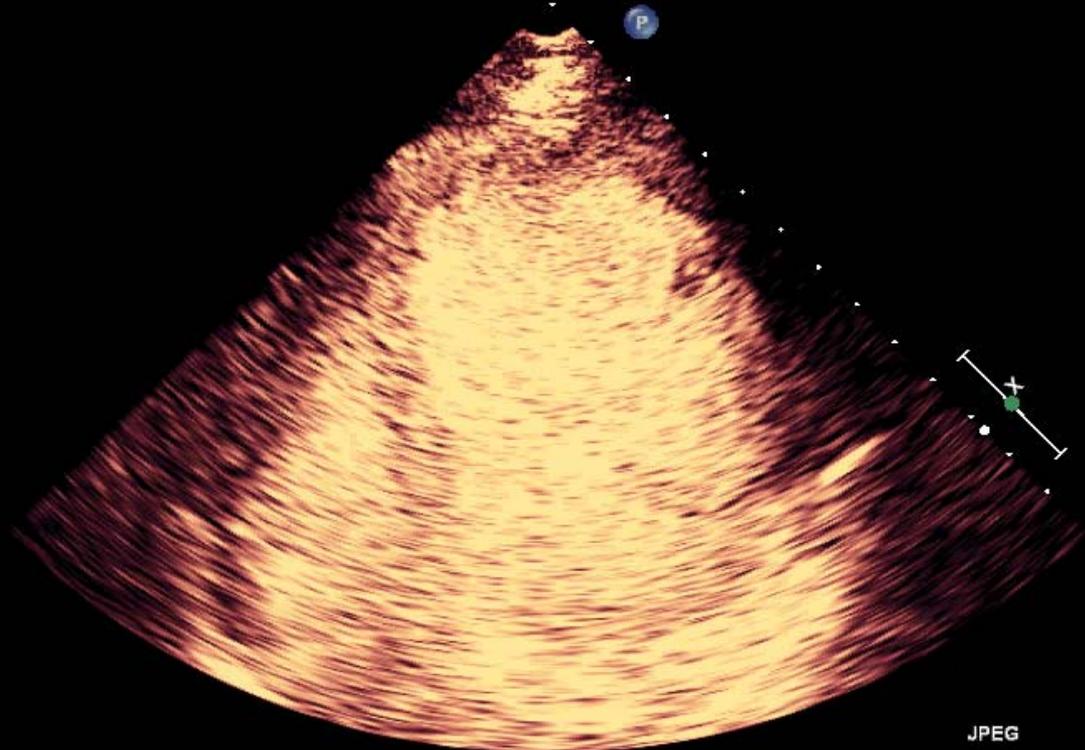
FR 27Hz  
14cm

M5

Contrast

63%  
C 50  
P Off  
Pen

G  
P ((O)) R  
2.0 2.0



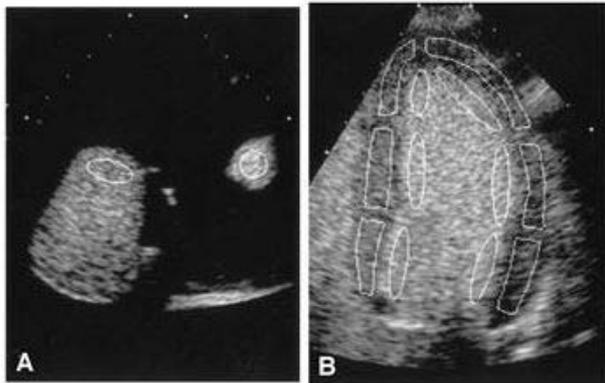
JPEG

140 bpm

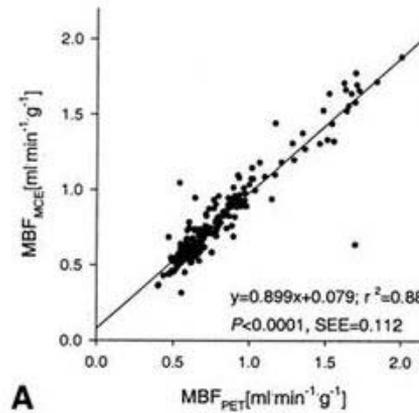




# CONTRAST ECHOCARDIOGRAPHY



Vogel R, et al. J Am Coll Cardiol. 2005 Mar 1;45(5):754-62.





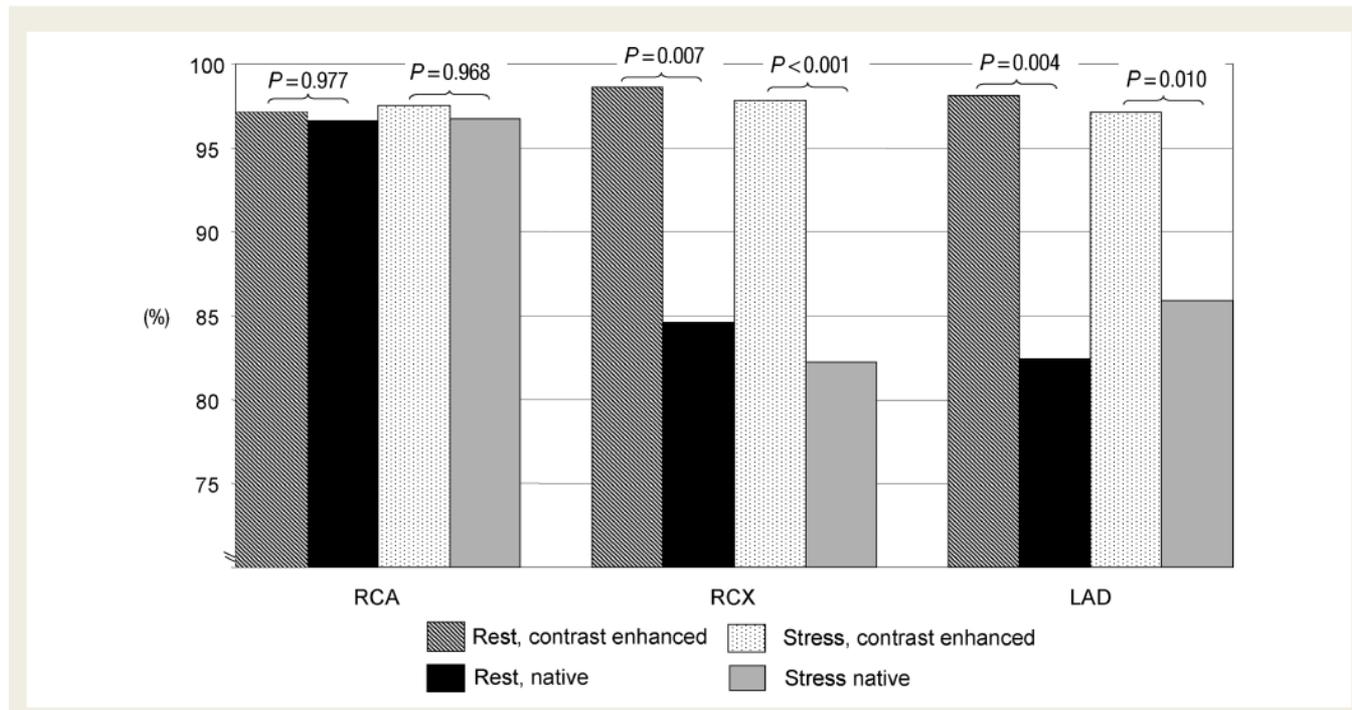
# Effect of contrast application on interpretability and diagnostic value of dobutamine stress echocardiography in patients with intermediate coronary lesions: comparison with myocardial fractional flow reserve

Philip H. Jung<sup>1\*†</sup>, Johannes Rieber<sup>1†</sup>, Stefan Störk<sup>2</sup>, Caroline Hoyer<sup>2</sup>, Isabelle Erhardt<sup>1</sup>, Anja Nowotny<sup>2</sup>, Wolfram Voelker<sup>2</sup>, Frank Weidemann<sup>2</sup>, Georg Ertl<sup>2</sup>, Volker Krauss<sup>1</sup>, and Christiane E. Angermann<sup>2</sup>

<sup>1</sup>Department of Internal Medicine, Division of Cardiology, Medizinische Poliklinik Innenstadt, Ludwig-Maximilians-University, Ziemssenstrasse 1, 80336 Munich, Germany; and

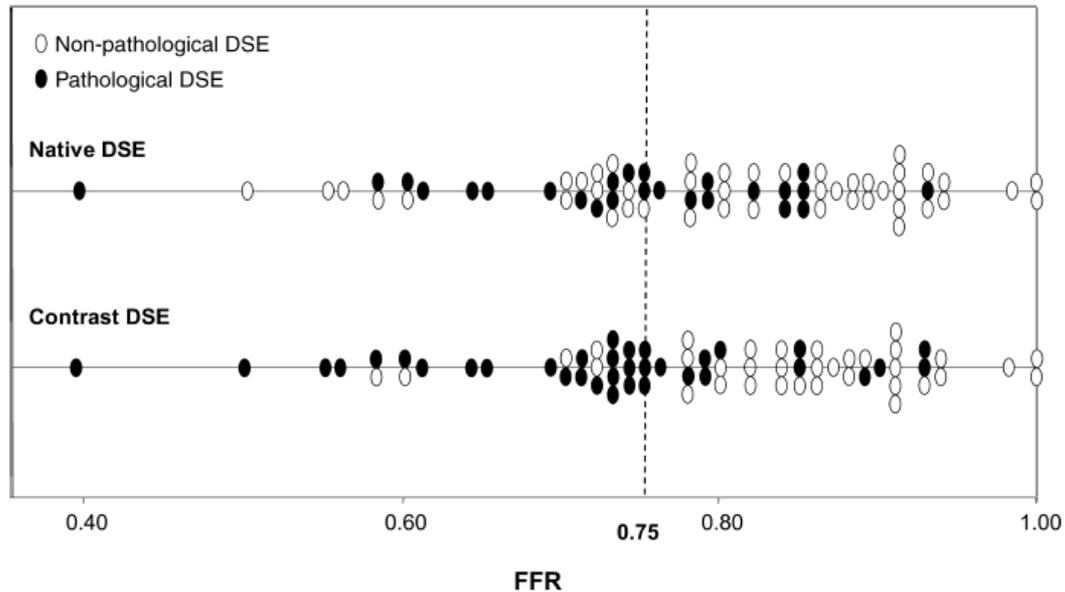
<sup>2</sup>Department of Internal Medicine I, Center for Cardiovascular Medicine, University of Würzburg, Germany

Received 1 October 2007; revised 3 April 2008; accepted 28 April 2008

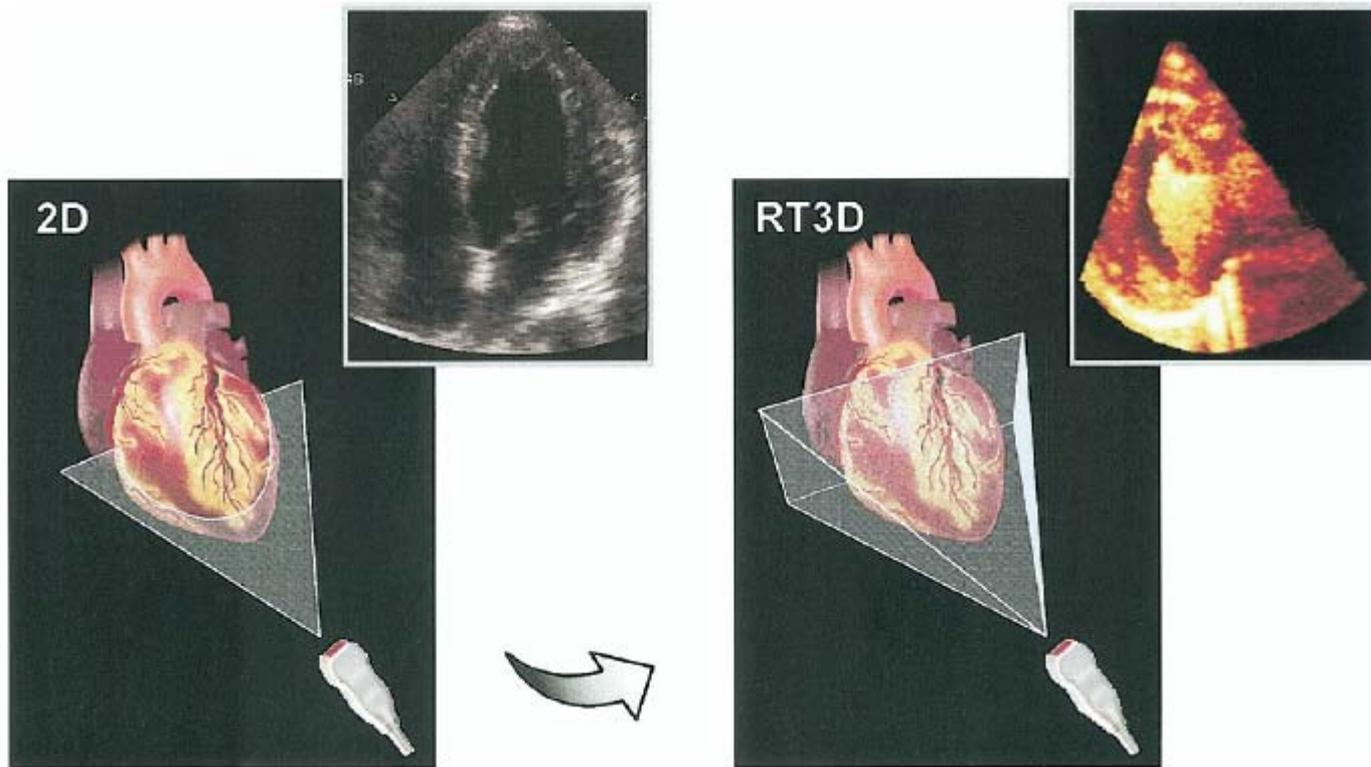




# RESULTS OF DOBUTAMINE STRESS ECHOCARDIOGRAPHY OF ALL PATIENTS DURING NEGATIVE AND CONTRAST-ENHANCED DSE IN COMPARISON WITH THE FRACTIONAL FLOW RESERVE (FFR) MEASUREMENT



# THE TRANSITION OF 2D TO 3D IMAGING





REAL-TIME 3-DIMENSIONAL CONTRAST STRESS  
ECHOCARDIOGRAPHY: A BRIDGE TOO FAR?  
KRENNING B., ET AL. JASE 2007



## ○ Benefits of real-time 3dimensional echocardiography

- Rapid image acquisition
- Less operator dependent
- Reproducible views for analysis
- Unlimited number of cross sections
- Absent left ventricular foreshortening





Clinical research

## Non-invasive assessment of myocardial ischaemia using new real-time three-dimensional dobutamine stress echocardiography: comparison with conventional two-dimensional methods

Yoshiki Matsumura, Takeshi Hozumi\*, Kotaro Arai, Kenichi Sugioka, Keiji Ujino, Yasuhiko Takemoto, Hiroyuki Yamagishi, Minoru Yoshiyama, and Junichi Yoshikawa

*The Department of Internal Medicine and Cardiology, Osaka City University Medical School, 1-4-3 Asahi-machi, Abeno-ku, Osaka 545 8585, Japan*

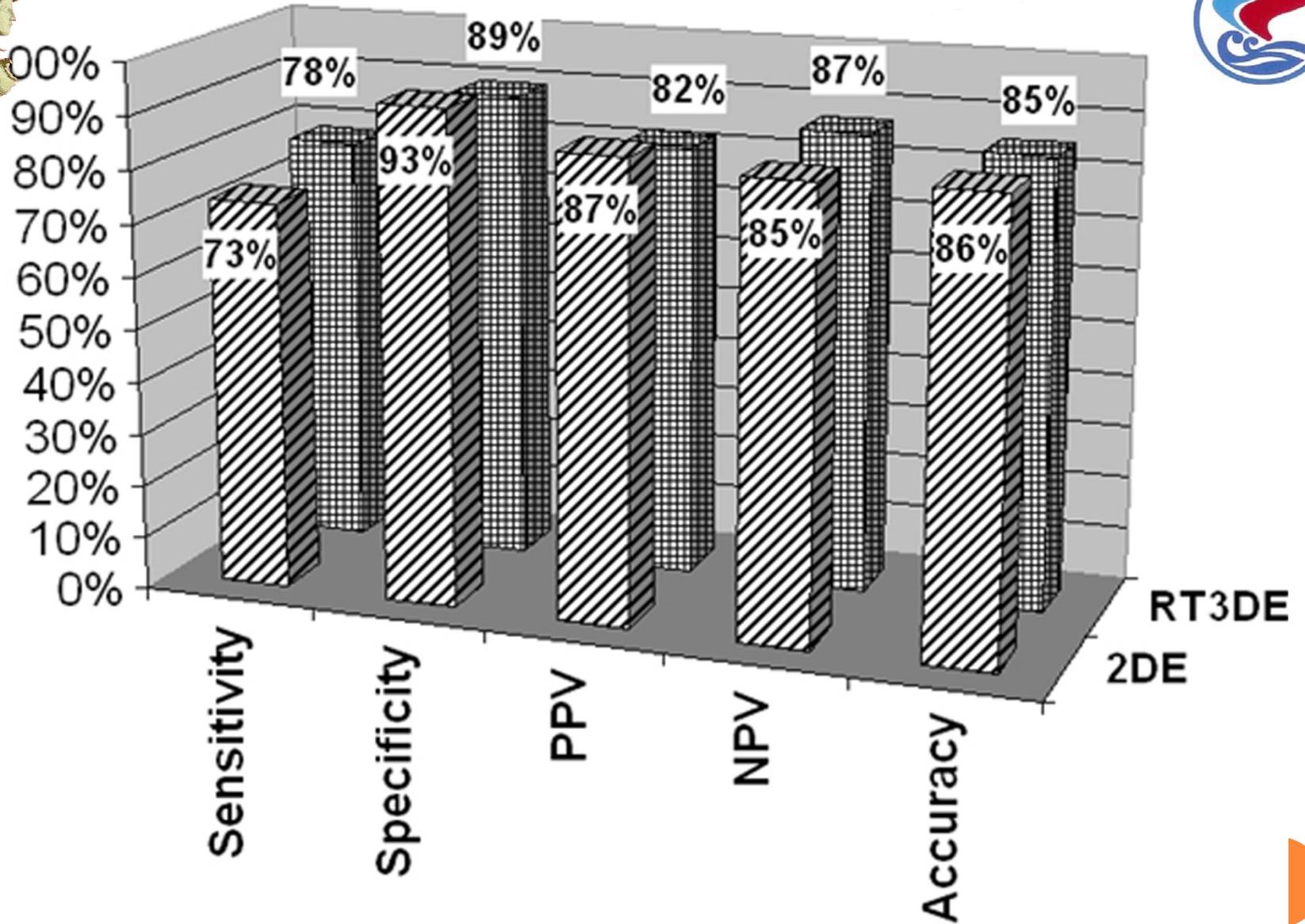
Received 24 August 2004; revised 29 January 2005; accepted 3 February 2005



**Real-time three-dimensional  
dobutamine stress  
echocardiography in detection  
of myocardial ischemia -  
validation with coronary  
angiography**

**Aggeli C, et al. *Heart* 2007**







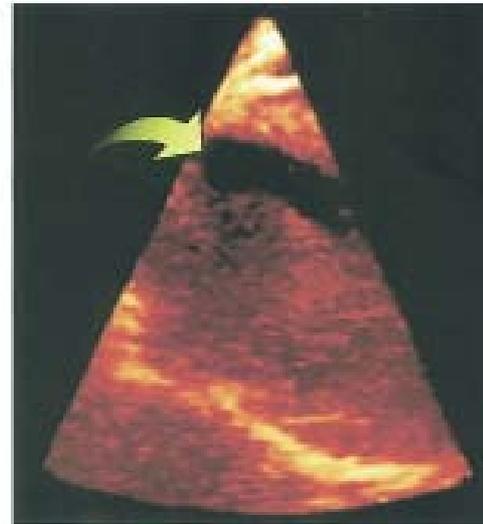
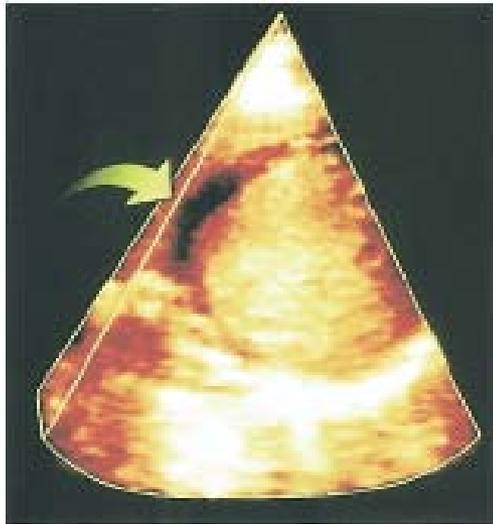
**Diagnostic parameters of 2- and 3-dimensional dobutamistress echocardiography for the detection of coronary artery disease ne a (>50% stenoses were deemed as significant). In all cases, the differences between the two modalities were not statistically significant**

		<i>Sensitivity</i>	<i>Specificity</i>	<i>PPV</i>	<i>NPV</i>	<i>Accuracy</i>	<i>kappa</i>
<i>LAD</i>	<b>2D echo</b>	78%	92%	95%	82%	85%	0.748
	<b>3D echo</b>	85%	90%	88%	87%	88%	0.749
<i>RCA</i>	<b>2D echo</b>	75%	90%	79%	86%	86%	0.646
	<b>3D echo</b>	80%	86%	76%	89%	84%	0.654
<i>LCX</i>	<b>2D echo</b>	65%	96%	85%	86%	86%	0.638
	<b>3D echo</b>	65%	92%	79%	86%	84%	0.600

*LAD: left anterior descending artery, LCX: left circumflex artery, NPV: negative predictive value, PPV: positive predictive value, RCA: right coronary artery*



# REAL TIME 3D VISUALIZATION OF MYOCARDIAL PERFUSION



PHILIPS XOYLIARIS  
35550920081023

23/10/2008 10:02:08  
X3-1/Adult

TIS0.7 MI 1.1

FR 20Hz  
13cm

Full Volume  
3D 20%  
3D 50dB

M2



Delay 0ms

JPEG

130 bpm



PHILIPS

XOYLIARIS

23/10/2008

10:02:08

TIS0.7 MI 1.1

35550920081023

X3-1/Adult

FR 20Hz  
13cm

Full Volume

3D 20%  
3D 50dB

M2



Delay 0ms

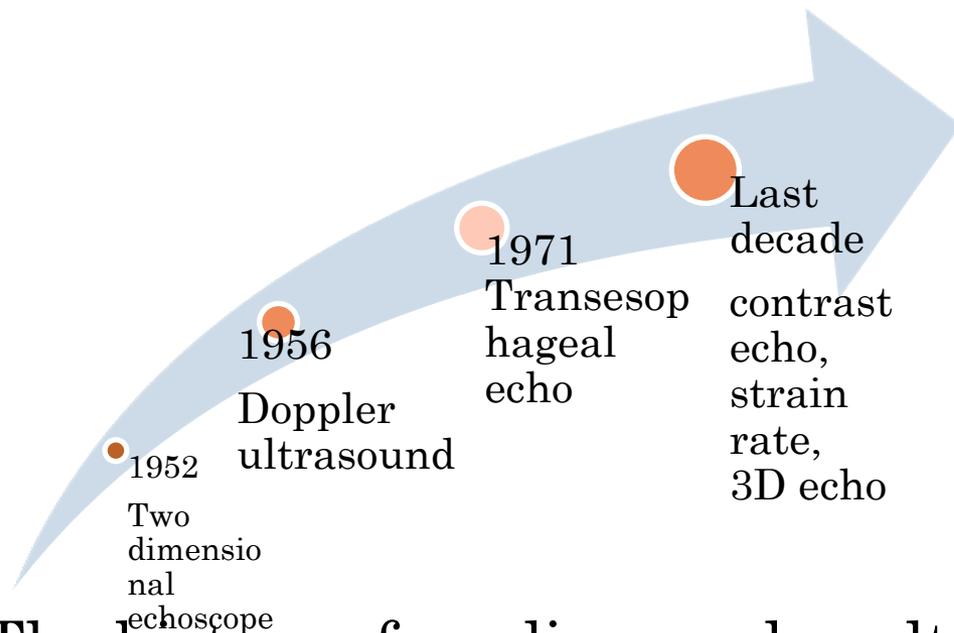
JPEG

130 bpm



# AMERICAN SOCIETY OF ECHOCARDIOGRAPHY NEWS

## President's Message THE TIME FOR 3D



Michael Picard, MD  
President  
*American Society of Echocardiography*

- The history of cardiovascular ultrasound is a history filled with innovation. Three dimensional imaging is one of these innovations. I suspect that in a few years, it will be a routine part of our ultrasound evaluation of the heart.

# AT THE END OF THE ROAD...

Real-time 3D stress echocardiography without any doubt will be the fastest and probably sometime **the best way to do a stress echo.**

